EDUCATION



STUDENT **HANDBOOK**

2025

Introduction



Welcome to the Spirit Australia Student Handbook.

We are delighted to support you on your spiritual education journey. This handbook is your essential guide to understanding the Spirit Australia education pathway, including course content, learning expectations, assessment procedures, and the structure of our Australian Qualifications Frame AQF professional recognition awards.

Spirit Australia is a national charity dedicated to supporting and advancing education in spiritual understanding, healing, and communication. Our five levels of programs are grounded in integrity, respect, and inclusivity, developed in consultation with respected practitioners and elders in the field from across Australia and beyond.

Whether you feel you are new to spiritual learning or if you have many years of experience, our flexible, self-paced study options are designed to support your personal growth and spiritual development.

This handbook has two parts:

- **Part One** outlines everything you need to know about Spirit Australia's education framework—from Foundational Courses to Diploma level—along with our approach to learning, assessment criteria, and student support.
- **Part Two** contains the full content of the six Level 2 **Foundation Units** in a printed format, for those who prefer to read offline or annotate their learning by hand.

Wherever you are on your path, we welcome you with open arms; and we're honoured to walk beside you.

Melissa, Kate & Ganga on behalf of the Board and the Education Committee

Melissa AbrahamDirector & Founder of Spirit AustraliaKate BurrettDirector & Chair of Education CommitteeGanga AshworthDirector & Chair of Membership Committee

The Board of Spirit Australia 2025:

Melissa Abraham, Ganga Ashworth, Beverley Bryant, Larissa Buerger, Kate Burrett, Sue Jaensch, Sarah Jeffrey, Lorraine Lee Tet, Dianne Parker, Imelda Penny, Andrew Thorpe

Part One: Education Pathways & Student Information

1.	Welco	ome to Spirit Australia	р	5
	0	Spirit Australia Mission & Nine Foundations	р	6
	0	Our Educational Purpose	р	8
	0	Self-Paced Learning	р	9
	0	Student Support & Assessor Feedback	р	10
2.	Educa	tion Quick Start Guide	р	11
	0	CSA ASA DSA Recognition of Prior Learning (RPL)	р	16
	0	CSA ASA DSA Quick Summary	р	18
3.	Profes	ssional Qualifications Framework	р	19
	0	Introduction	P	22
	0	PART A: Personal Practice	р	24
	0	PART B: Complimentary Courses	р	28
	0	PART C: Formal Assessment	р	32
4.	Assess	sment Criteria & Student Guides	р	39
	0	CSA Level 3 Certificate	р	41
	0	ASA Level 4 Advanced Certificate	р	45
	0	DSA Level 5 Diploma	р	63
5.	Sugge	sted Reading List	р	82
6.	Code	of Ethics & Conduct	р	86
Part	Two	: Six Foundation Units – Level 2 (Printed Version	on of	Online Content)
Un	it 1: Ps	ychic Senses	р	91
Un	Unit 2: Mediumship			119
Un	it 3: He	ealing	р	137
Un	it 4: Sp	iritualism	р	163

Unit 5: World Traditions

Unit 6: Awakening

p 185

p 215

1. Welcome to Spirit Australia

Spirit Australia is a national not-for-profit organisation dedicated to advancing education in spiritual understanding, awareness, and ethical practice.

Our educational programs offer a flexible, inclusive, and experiential approach to learning that honours personal development and collective wisdom. We offer structured, inclusive learning pathways for anyone seeking to explore, deepen, and express their spiritual connection with confidence and clarity.

Our courses, events, and assessments are shaped in consultation with skilled educators and spirit-inspired teachers from across Australia and beyond. Through this, we draw together generations of lived experience and best-practice learning design to build a strong, supportive community of lifelong learners.



Mission Statement



Spirit Australia

Supporting the Community and Integrity of Spirit Education

Advancing Education is at the heart of Spirit Australia's charitable purpose.

Our mission is to provide a pathway for training in spiritual understandings and practices accessible to all Australians, while supporting the community & integrity of spirit education.

Spirit Australia Education:

- 1. Is based on Spirit Australia's **Nine Foundational Principles** (the Nine Foundations)
- 2. Is guided and led by a large team of highly experienced educators and recognised elders in major spiritual modalities in Australia and internationally
- 3. Draws together generations of spiritual **knowledge and mutual respect**, supported by a mandatory Code of Ethics & Conduct for all members
- 4. Advances a freely accessible to all people **shared language of spiritual frameworks**, practices and understandings across modalities and traditions
- 5. Delivers best practice in **experiential adult learning** that enables learners to enter, explore, enhance and express their own spirituality with confidence and joy
- 6. Has a flexible **self-paced course structure** that facilitates the integration of personal development, practical skills and theoretical understandings
- 7. Is **transparent**, **stable**, **balanced and robust** in design and implementation, including processes and procedures that align with national government requirements
- 8. Supports, enhances and promotes the **existing quality educational opportunities** offered by other organisations, teachers, mentors, guides and elders
- 9. Celebrates the individual's **unique and embodied experience** of spirit, grounded in human self, family, community, creativity, and the natural world

Every human on Earth has a body, and a spirit-soul, and is connected to the spirit world. Whether you are exploring your gifts for the first time or seeking advanced qualifications, you are warmly invited into a learning community that honours the sacred connection and timeless oneness that exists between all things: Self, Society & Spirit.

The Nine Foundations

7

Spirit Australia



1 Continuous Life

The reality of continuous spiritual life



2 All is Connected

The connectedness of everything seen and unseen



3 Expanding Awareness

The existence of a world beyond physical experience



4 Spiritual Evidence

The validity of spiritual experience as spiritual evidence



5 Indigenous Wisdom

The ongoing relationship between indigenous wisdom and our living planet



6 Energy Healing

The power of non-physical energies for physical healing



7 Universal Communication

The universal presence of non-verbal communication



8 Complexity of Time

The awareness of non-linear time and timelessness



9 Human Experience

The centrality of the embodied human experience

3. Our Educational Purpose

Spirit Australia's charitable purpose is education.

Our commitment is to bring people together to create national, inclusive opportunities for learning that inspire transformation, spiritual depth, and authentic connection.

For decades, many spiritual teachers and healers across Australia have worked as sole operators, often without consistent frameworks, peer support, or professional recognition. Limited collaboration between modalities has made it harder for new students to access credible, ethical guidance. Spirit Australia is created to change this.

Our quality educational courses are designed to provide a framework supporting the development of a national spiritual community



We aim to:

- Build a shared language across spiritual modalities so that healers, mediums, teachers, and seekers can communicate meaningfully and respectfully across different traditions.
- Encourage embodied spiritual practice by inviting learners to integrate spirit connection into their daily lives not just as belief, but as action, expression, and lived experience.
- Honour diverse cultural traditions and experiences by recognising that every path is
 informed by each person's unique history, ancestry, and insight. Our inclusive basic
 curriculum draws from many traditions including Indigenous knowledge systems,
 intergenerational teachings, and global spiritual perspectives.
- **Promote best practices in adult learning** with self-paced formats, flexible learning, reflective activities, and experiential tasks that fit real life. Our approach honours the wisdom students already carry and provides space for further unfolding.
- Provide nationally recognised frameworks for personal and professional development offering progression from free Welcome content and Foundation courses, through to Certificate, Advanced Certificate, and Diploma levels. These qualifications are grounded in the Australian Quality Framework (AQF) standards and supported by our national Assessment Team.

At Spirit Australia, we are writing a new story. One where personal transformation is supported by **community**, where personal and professional **integrity** is paramount, and spiritual education is recognised as a vital and evolving part of our collective future.



4. Self-Paced Learning

Spirit Australia learning programs celebrate each person's development and spiritual integrity, practical competence, and their unique connection to spirit.

Our courses are delivered through an easy-to-use online platform that allows you to:

- Access learning materials 24/7
- Study at your own pace and learning style
- Request printed, or printable, versions of course content
- Complete online examinations and upload assignments
- Receive feedback and support from our Assessment Team

Spirit Australia courses are flexible and self-paced. They are designed to suit students from all walks of life, whether you're new to online study or returning after many years.

There is opportunity for independent learning, peer learning and small group study. While some students prefer to study in solitude, others may benefit from finding a trusted peer, teacher, or small study group for shared inspiration and support. Connect with others by:

- Creating study groups & circles from fellow students at Complementary Courses
- Use the Spirit Australia Map on our website to find qualified Advanced Certificate and Diploma teachers who can help guide your development

Spirit Australia offers Five Levels of Educational Courses:

Level 1 Spirit Australia Welcome Units

The six free short courses explore spirit-based topics in a simple and thought-provoking way, designed to spark curiosity and inspire deeper discovery.

Level 2 Spirit Australia Foundation Units

These six intensive study units at Level 2 form the stable core of Spirit Australia education. They are freely available to complete online, including the assessment exam for each course. You can find the entire content printed in Part Two of this student handbook, if you prefer to learn offline. Foundation Units have a multiple-choice exam, with a pass of 20/20 required.

Level 3 CSA Spirit Australia CERTIFICATE (Foundations)

The first level of professional qualifications, for advancing students, and reflects Cert 3 AQF level for basic insurance purposes when stepping into beginning practitioner roles.

Level 4 ASA Spirit Australia ADVANCED CERTIFICATE (Practitioner)

Level 5 DSA Spirit Australia DIPLOMA (Teacher)

These two professional-level courses are assessed live by two assessors and reflect years of dedicated learning and personal spiritual development. Whether graduating at Practitioner (Advanced Certificate) or Teacher (Diploma) level, Spirit Australia students demonstrate strong expertise and a clear commitment to ethical and professional practice.

5. Student Support & Assessor Feedback

Spirit Australia is proud to offer a modern, supportive, responsive approach to student wellbeing and success.

While our courses are designed for flexible, self-paced study, we understand that real growth happens best in a nurturing and connected environment.

That's why—no matter where you are on your educational journey—you are never alone.

Support includes:

- **Encouraging, personalised feedback** from your assessors, based on your submitted reflections, live assessments, and overall progress
- **Email support** with responses provided within 5–7 business days for any general or course-related enquiries. And there's always the phone, if it's urgent!
- **Optional check-ins or mentoring** (via phone, email or online meeting) especially available for higher-level students undertaking advanced certificates or diploma work
- **Ongoing access to clear guidance** at every stage of your progression, from your initial registration decisions through to final certification

Our Spirit Australia Assessment Team assessors are more than just educators; they are compassionate, seasoned professionals who honour your unique journey.

Each has been carefully selected not only for their expertise and experience in spiritual education, mediumship, and healing, but also for their student-centred genuine warmth, patience, and dedication to ethical practice.

All feedback is constructive and tailored to help you grow in both your confidence and skill.

We believe assessment is not about passing or failing; it's about supporting transformation.

At Spirit Australia, we genuinely understand the importance of every learner being enabled to feel seen, heard, and valued.



SPIRIT AUSTRALIA

QUICK START GUIDE



for PROFESSIONAL QUALIFICATIONS

FIVE Courses leading to THREE Qualifications

Spirit Australia offers five levels of education.

Students can commence their studies at any level. Recognition of Prior Learning is available for many components at the higher levels (see pages 16-17 and 23-24 in Student Handbook).

Level One and Two are available online, for free, as part of our charitable ongoing education offerings to everyone in the Australia public community.

Level One Welcome to Spirit Australia

Spiritual Introduction
 Spiritual Tools & Tips
 Spiritual Healing
 Spiritual Life After Life
 Spiritual Communication
 Spiritual Next Steps

Level Two Spirit Australia Foundation Units

Psychic Senses
 Mediumship
 World Traditions
 Healing
 Awakening

Levels Three, Four and Five are for Spirit Australia Supporter Members (\$35 per year)

- ✓ There is a one-off candidate Assessment Fee for each qualification to be awarded.
- ✓ Assessment fee for Level 3 CSA is \$250, Level 4 ASA is \$1200, Level 5 CSA is \$1800
- ✓ ASA & DSA awardees are offered "Practitioner ASA" or "Teacher Diploma DSA" listing on National Map at Spirit Australia's website (requires current annual membership)

Level Three Certificate **CSA Certificate (Spirit Foundations) CSA Level Four Advanced Certificate ASA** Adv. Cert. in Psychic Mediumship (Practitioner) **ASA** Adv. Cert. in Trance & Spirit Arts (Practitioner) **Level Five DSA** Diploma **Diploma in Psychic Mediumship (Teacher) DSA** Diploma in Trance & Spirit Arts (Teacher)



Level 3

Certificate

Certificate in Spirit Foundations

Level 4

Advanced Certificate

Adv. Cert. in Psychic Mediumship (Practitioner) Adv. Cert. in Trance & Spirit Arts (Practitioner)

Level 5

Diploma

Diploma in Psychic Mediumship (Teacher) Diploma in Trance & Spirit Arts (Teacher)

Professional Qualifications



Spirit Australia offers three levels of professional qualifications:

Aligns to Level 3 in National AQF Australian Qualifications Framework

3 Spirit Australia Certificate CSA Certificate of Spirit Australia (Spirit Foundations) Level 3 of Spirit Australia 1 Year Part Time 600 hours

Recognises Advancing Students continuing to grow their experiences & understanding and who may now require foundational certification recognition for Practitioner insurances.

COST: \$35 Annual Supporter Membership PLUS a one-off \$250 Assessment fee

NOTE: Students should become Members **prior to starting** the Level 2 Foundation Course, so exam results can be recorded in their membership portal (*Prerequisite for Level 3*)

4	Spirit Australia Adv	ASA	
Adv. Cert. Psychic Mediumship (Practitioner)			
Adv. Cert. Trance & Spirit Arts (Practitioner)			
Level	4 of Spirit Australia	1 Year Full Time	1200 hours
Align	s to Level 4 in National AQF	ework	

Recognises Advancing Practitioners in two streams of specialisation, who have undertaken significant personal training & research into their area of growing skills and expertise.

COST: \$1200 one-off Assessment fee to determine candidate qualification award \$35 Annual Supporter Membership to maintain visible "Practitioner" website listing

5 Spirit Australia Diploma

DSA

Diploma in Psychic Mediumship (Teacher)
Diploma in Trance & Spirit Arts (Teacher)

Level 5 of Spirit Australia 1-2 Years Full Time 1800 hours Aligns to Diploma Level (5) in National AQF Australian Qualifications Framework

Recognises Advanced Practitioners continuing to actively demonstrate and practice their personal spirit understandings & skills, as well as teaching their own students.

COST: \$1800 one-off Assessment fee to determine candidate qualification award \$35 Annual Supporter Membership to maintain "Diploma Teacher" website listing

SPIRIT AUSTRALIA EDUCATION OVERVIEW

	CERTIFICATION Title	Cost	PART	A & B	PART C	
Level			Personal Practice	Comp. Courses	Formal Assessment	
1	Online Learning Available Freely to All	FREE	Learn Online	Not required	Six <i>Welcome</i> Units of Spirit Australia	
2	Certificates of Completion	\$35 Annual Members	Learn Online	Not required	Six Foundation Units of Spirit Australia	
3 CSA	Certificate of Spirit Australia (Foundations)	\$250 One-off Assess	Journal 250 hrs (Journal not Assessed)	Logbook 20 hrs & 3 Short Reports	Personal Reflection Essay (Foundations) 750 Words / 10 mins Video	
	Prerequisite: \$35 for SA Membership + Completion of Six Foundational Units (Level 2) **OR** RPL - Attend Spirit Australia Annual Five Day Seminar AQF Level 3 / Cert 3 / 600 hours / 1 year Part time					
4	Advanced Certificate (Practitioner) of	\$1,200 One-off Assess	Journal 250 hrs	Logbook 20 hrs &	Analytical Reflective Essay (Practitioner) 1200 Word / 15 min Video	
ASA	Psychic Mediumship or Trance & Spiritual Arts	+ \$35 for Website Listing	Assessed)	3 Short Reports	Demonstration One-to-One Mediumship <i>or</i> Trance & Spirit Arts	
		(Annual member)			Viva Voce 25 mins Interview	
	Prerequisite: Completion of Spirit Australia Certificate (Level 3) or *RPL*(min. 5 years) AQF Level 4 / Cert 4 / 1200 hours / 1 year Full time					
5	Diploma of Spirit Australia of Psychic Mediumship or Trance & Spiritual Arts	\$1,800 One-off Assess + \$35 for Website Listing (Annual member)	Journal 250 hrs (Journal not Assessed)	Logbook 20 hrs & 3 Short Reports	Personal Reflective Essay (Teacher) 750 Words / 10 min Video	
DSA					Demonstration Platform Mediumship <i>or</i> Trance & Spirit Arts	
					Viva Voce 25 mins Interview	
	Prerequisite: Completion of Spirit Australia Adv. Certificate (Level 4) or *RPL*(min. 10 years) AQF Level 5 / Diploma / 1800 hours / 1-2 years Full time					

Recognition of Prior Learning - RPL

While there are several notable organisations or very well-established pathways in spirit education around the world (the SNU & Arthur Findlay College in UK, for example) there have never been any formally recognised qualifications here in Australia.

Spirit Australia acknowledges that unless local students had opportunities to travel overseas, it has generally fallen on the shoulders of individual teachers to organise workshops, or to perhaps organise for an internationally recognised tutor to come to Australia for a short visit.

Every connection to spirit has unique elements. This means that when a spirit teacher works alone, without the benefit of a robust and inclusive network of colleagues to provide peer review or feedback, their own students will often naturally incorporate only those skills that their particular teacher has.

Wonderful organisations like the Victorian Spiritualists' Union (VSU) have continued to provide high quality short courses and other educational experiences, delivered by an amazing team of local and visiting teachers, with considerable success in training Australian mediumship. But this tuition is not vocationally mandatory.

As a result, Australian mediums seeking human input and guidance have largely been left to fend for themselves. The situation has only amplified over the last 20 years with the rise of internet-based tuition.

All RPL candidates must show:

- 1) Evidence of equivalent study in related fields of psychic mediumship & spirit arts. Submit summary of previous personal practice, learning, working, demonstrating, teaching etc to be approved by the Spirit Australia Assessment Team.
- **2)** A highly fluent **knowledge & understanding of the** Six Foundation Units (Level 2) content, as this information will form part of the various live assessments.

Once these first two conditions are completed, the only other assessments required for candidates who successfully apply for RPL recognition are:

CSA (Level 3) Certificate

(Minimum RPL is 2 years)

- 3) Five Day Seminar attendance Spirit Australia OR
- 4) Personal Reflection Essay 750 words / 10 min video

ASA (Level 4) Adv. Cert.

(Minimum RPL is 5 years)

- 3) Demonstration One-to-One Mediumship or Trance
- 4) Viva Voce 25 mins interview (Practitioner)

DSA (Level 5) Diploma

(Minimum RPL is 10 years)

- 3) Demonstration Platform Mediumship or Trance
- 4) Viva Voce 25 mins interview (Teacher)

CSA ASA DSA: RPL Requirements



Experienced practitioners, demonstrators & teachers are strongly encouraged to apply for the Spirit Australia RPL assessment, which can significantly reduce the overall formal study burden that is required to be recognised with professional qualifications.

NOTE: All RPL candidates for Level 3 (CSA), Level 4 (ASA) and Level 5 (DSA) are expected to be highly familiar with the six Spirit Australia Level 2 Foundation units & concepts.

PART A Personal Practice

5 hrs per week x 50 weeks

All **CSA**, **ASA** & **DSA** candidates undertake regular ongoing personal spiritual study and practice, and commit to maintaining a Personal Practice **Journal**.

This personal practice forms the basis for completion of a **Reflection Essay** (see Assessment).

PART B Complementary Courses

20 hrs Workshops

ALL **CSA**, **ASA** & **DSA** candidates participate in self-selected and interactive classes, events, workshops, practice circles or groups.

Students maintain a Complementary Courses **Logbook** and select 3 sessions of any length (from this 20 hours) to write and submit **3 Short Reports**, each report 150 words maximum.

PART C Formal Assessment

In addition to the Personal Practice and Complementary Courses requirements, candidates undertake formal assessments, specific to each course.

CSA: EXEMPT: Level 2 Foundation Course 6 x 50 hours Foundation Units

Personal Reflection Essay* (Foundations) 750 words / 10 min video OR
Five Day Seminar* attendance at annual Spirit Australia summit week

ASA: EXEMPT: Analytical Reflection Essay (Practitioner) 1200 words / 15 min video

Demonstration (One-to-One Psychic Mediumship *or* Trance & Spirit Arts)

Viva Voce "Practitioner" 25 mins Interview

DSA: EXEMPT: Personal Reflection Essay (Teacher) 750 words / 10 min video

Demonstration (Public Platform Mediumship *or* Trance & Spirit Arts)

Viva Voce "Teacher" 25 mins Interview

CSA ASA DSA: Quick Summary

All three Spirit Australia professional qualifications courses – **Certificate** CSA (Foundations), **Advanced Certificate** ASA (Practitioner), and **Diploma** DSA (Teacher) – share the same basic three part structure and also have many similar assessment tasks in common:

PART A Personal Practice — Completion time is a nominal 250 hours

PART B Complementary Courses — Completion time is a nominal 50 hours

PART C Assessment — Completion time is a nominal 300 hours

PART A Personal Practice

5 hrs per week x 50 weeks

All CSA, ASA & DSA candidates undertake regular ongoing personal spiritual study and practice, and commit to maintaining a **Personal Practice Journal** (not assessed).

This personal practice forms the basis for completion of a Reflection Essay.

PART B Complementary Courses

20 hrs Workshops

ALL CSA, ASA & DSA candidates participate in self-selected and interactive classes, events, workshops, practice circles or groups.

Students maintain a **Complementary Courses Logbook** and select 3 sessions of any length (from this 20 hours) to write and submit **3 Short Reports**, each report 150 words maximum.

PART C Formal Assessment

In addition to the Personal Practice and Complementary Courses requirements, candidates undertake formal assessments, specific to each course, via the following tasks or activities:

CSA: Level 2 Foundation Course 6 x 50 hours Foundation Units

Personal Reflection Essay (Foundations) 750 words / 10 min video

ASA: Analytical Reflection Essay (Practitioner) 1200 words / 15 min video

Demonstration (One-to-One Psychic Mediumship *or* Trance & Spirit Arts)

Viva Voce "Practitioner" 25 mins Interview

DSA: Personal Reflection Essay (Teacher) 750 words / 10 min video
Demonstration (Public Platform Mediumship or Trance & Spirit Arts)
Viva Voce "Teacher" 25 mins Interview



On the page opposite is an Indexed Directory for the Spirit Australia

EDUCATION FRAMEWORK

showing a numbered listing of the various components for each qualification.



SHARED ELEMENTS

The elements that are shared by ALL qualifications are are **numbered 1 to 8** and are shown on pages with the multicoloured bands



SPECIFIC ELEMENTS

The elements that are specific to EACH qualification are **numbered 9 to 12** and are shown by the coloured pages linked to each level **Certificate** (Foundations) **Advanced Certificate** (Practitioner) **Diploma** (Teacher)

Please contact Spirit Australia directly if you have any questions or need assistance.

We are here to help you succeed!

CSA ASA DSA: EDUCATION FRAMEWORK



Here is a guide to the framework elements of Spirit Australia qualifications.

INTRODUCTION

1.0 Courses Enrolment & Qualifications

- 1.1 Spirit Australia Membership
- 1.2 Professional Qualifications
- 1.3 RPL Recognition of Prior Learning

2.0 Code of Ethics & Conduct

PART A PERSONAL PRACTICE

- 3.0 General Overview of Personal Practice
- 4.0 Personal Practice Journal

PART B COMPLEMENTARY COURSES

- 5.0 General Overview of Complementary Courses
- 6.0 Complementary Courses Logbook
- 7.0 Short Reports

7.1 Workshop Details7.2 Three Short Reports

PART C FORMAL ASSESSMENT

8.0 General Overview of Assessment

9.0 Six Foundation Units

9.1 CSA – Online Participation OR Six Units of Study
9.2 CSA – Hard Copy Participation

10.0 Reflective Essay

10.1 CSA - Personal Reflection750 words / 10 mins video10.2 ASA - Analytical Reflection1200 words / 15 mins video10.3 DSA - Teaching Reflection750 words / 10 mins video

11.0 Demonstration

11.1 ASA – Private Reading (Psychic Mediumship) 20 minutes
11.2 ASA – Demonstration (Trance & Spirit Arts) 20 mins (+10 mins)
11.3 DSA – Public Platform (Psychic Mediumship) 20 minutes
11.4 DSA – Demonstration (Trance & Spirit Arts) 20 mins (+10 mins)

12.0 Viva Voce

12.1 ASA – Practitioner Viva Voce 25 mins interview 12.2 DSA – Teacher Viva Voce 25 mins interview

20 hours per Level

3 x 150 words

INTRODUCTION

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours

Spirit Australia Education

1.1 Professional Qualifications

Spirit Australia courses are open to all, regardless of background, belief, or affiliation, and they are the first of their kind worldwide. They are:

- ✓ non-religious, community-based, not-for-profit
- √ aligned with nationally recognised standards
- √ developed by an expert qualified team of educators, and
- ✓ grounded in integrity, not commercial gain.

We are a true cooperative of leaders in Australia's spirit community, and we uphold rigorous standards, ethical practice, and genuine spiritual development.

Our qualifications support students, protect the public, and raise the bar for professionalism in this important, often misunderstood, and deeply profound area of human life.

Assessors are drawn from the Spirit Australia Tutor Team and beyond, to form the National Assessment Team. All candidates are assessed by two Assessors, not just by one.

At Level 4 & 5 there are two streams available for assessment and qualification in:

Psychic Mediumship stream: Candidates must show competent understanding (and demonstrate) both psychic and mediumship abilities satisfactorily.

Trance & Spiritual Arts stream: Assessment at Level 4 & 5 recognises the unique nature of connection at both human and spirit level. Enrolment for the *Trance & Spiritual Arts* stream is considered with consultation and at the discretion of Spirit Australia Assessment Team, and includes mixed or specialised abilities such as trance speaking, writing, spirit art, healing, as well as abilities in modalities that do not easily categorise.

Spirit Australia Education

1.2 RPL - Recognition of Prior Learning

The Spirit Australia pathway for student recognition of prior learning has four parts. See pages 16-17 of the Student Handbook for more information. All RPL candidates must show:

- 1) Evidence of equivalent study in related fields of psychic mediumship & spirit arts. Submit summary (300 words max) of previous personal practice, learning, working, demonstrating, teaching etc to be approved by the Spirit Australia Assessment Team.
- **2)** A highly fluent **knowledge & understanding of the** Six Foundation Units (Level 2) content, as this information will form part of the various live assessments.



Once these first two conditions are completed, the only **other assessments required** for new candidates who successfully apply for RPL recognition are:

CSA (Level 3)	Certificate
---------------	-------------

(Minimum RPL is 2 years)

3) Five Day Seminar attendance Spirit Australia OR

4) Personal Reflection Essay 750 words / 10 min video

ASA (Level 4) Adv. Cert.

(Minimum RPL is 5 years)

3) Demonstration One-to-One Mediumship or Trance

4) Viva Voce 25 mins interview (Practitioner)

DSA (Level 5) Diploma

(Minimum RPL is 10 years)

- 3) Demonstration Platform Mediumship or Trance
- 4) Viva Voce 25 mins interview (Teacher)

Spirit Australia Education

1.3 Spirit Australia Membership

Supporter Membership

Becoming a Spirit Australia member for just \$35 a year is a meaningful way to support both your own spiritual journey and the wider community. As a member, you'll stay connected, receive member-only updates and discounts, and be eligible for your course achievements to be formally recognised on our website. Most importantly, your contribution directly helps Spirit Australia fulfil its charitable purpose—supporting the community and integrity of spirit education—by keeping learning accessible, inclusive, and grounded in ethical practice.

If you are a Spirit Australia supporter member and have been awarded Advanced Certificate (Practitioner) or Diploma (Teacher) qualification, you're eligible to recognised and promoted on the **National Map of Spirit Australia graduates** who are all qualified to offer readings, practice circles, workshops, teaching and other services to students and the general public.

Community Membership

As a Community Member, your group will be featured on the Spirit Australia National Map, helping new students and like-minded individuals find you. You'll also gain visibility through links to your website and social media, while showing your support for our shared mission of upholding the community and integrity of spirit education across Australia.

Community Membership is available for just \$50 a year and is open to spiritualist churches, development circles, and other community-based organisations.

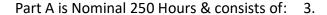
Spirit Australia Education

2. Code of Ethics & Conduct

Everyone in the Spirit Australia community agrees to uphold the Code of Ethics & Conduct as a condition of their continued membership. This Code can be found on our website, and on page 85 of this Student Handbook.

PART A: PERSONAL PRACTICE

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours



- Personal Practice Overview
- Personal Practice Journal

This document provides an outline of Spirit Australia's

3. Overview of Personal Practice

Personal Practice & Spiritual Growth

All three Spirit Australia professional qualifications require a nominal 250 hours of personal spiritual practice.

However, please remember that personal practice isn't just a requirement for completing some qualification; it's a foundational pillar of all spiritual development.

At some point in our development, we need to become fluent in our ability to "dial down our human thinking brains" and shift our awareness to the vast spaces that exist beyond regular everyday life. Awareness, connection, and communication with the spirit realms relies upon consistent inner work.

The journey of awakening to the truth that we are spirit first, and physical body second, is both profound and deeply personal. For many, this realisation is life changing.

Once you recognise that your spirit is the permanent part of your being—simply having a temporary human experience—the world opens in new, expanded ways that traditional western society often struggles to fully support or understand.

Spiritual growth is not a linear path, nor one-size-fits-all. Layers of awareness may unfold gradually, or arrive in sudden, transformative shifts. In amongst the challenges, unexpected delights, or sudden twists and turns of spiritual awakening, one surprisingly simple thing remains a constant: we need time to reflect, absorb, and integrate what we learn.

This is where personal practice becomes invaluable.

Whether by structured meditation, journalling, breathwork, energy healing, walking alone in nature, or creative expression, it is the act of making space for your authentic inner world that cultivates genuine depth, resilience and spiritual wisdom.

Your practice doesn't need to be elaborate. It simply needs to be consistent, meaningful, and true to who you are.



Alongside your own inner explorations, the guidance of trusted mentors and elders in the field can offer both wisdom and perspective. Ancient traditions have endured for a reason; they hold truths that resonate through time.

And yet, spirit is always evolving, just as we are. There is always room for new modalities, fresh approaches, and personal revelations.

Spirit encourages innovation, just as it honours tradition. Allow yourself time to be inspired.

Find a practice (or several) that resonates with you. Commit to it. Return to it often.

In moments of challenge or expansion, your personal practice becomes your anchor; a place of comfort, clarity, and connection.

Are you in the habit of making space for your spiritual development? Chances are, you're already doing far more than you think.

Assessment of Personal Practice

Your **Personal Practice Journal** is a valuable companion on your journey and can support you during assessment at each qualification level. However, you won't be assessed on the overall quality or frequency of your journal entries, and you won't need to submit the journal itself. You'll simply be asked to confirm that you've been maintaining it regularly.

Your personal practice will be assessed based on:

CSA / ASA / DSA	10. Reflective Essay	750-1200 words OR 10-15 minutes video
ASA / DSA	11. Demonstration	Psychic Mediumship OR Trance & Spirit Arts
ASA / DSA	12. Viva Voce	Psychic Mediumship OR Trance & Spirit Arts

Just like warming up with scales before performing a piano piece, we can all strengthen our connection to spirit, and to our spiritual selves, through regular practice. Competency and fluency don't appear by chance; they develop over time with consistent effort. Your ongoing spiritual development and your link with spirit deepens through this commitment.

The depth of insight that you show in your **Reflective Essays**, the **Viva Voce** assessment, and in your live **Demonstrations** of one-to-one or platform mediumship, or trance and spirit arts, is all the evidence your assessors need.

Just keep going. Practice, practice, practice...

You are raising your vibration, becoming more empathetic and authentic, and developing your link with the spirit world. We are cheering for you every step of the way!

PART A: PERSONAL PRACTICE

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours



- Personal Practice Overview
- Personal Practice Journal

This document outlines the content and requirements to fulfil

4. Personal Practice Journal

Spiritual Practice – Personal Reflection and Journal

Your Personal Practice Journal is a valuable opportunity to record what is meaningful to you. For many people, the simple act or ritual of regularly recording your thoughts, feelings and experiences becomes a powerful learning experience in itself.

You are not asked to submit your Journal for viewing by assessors. However, your Journal can form an important resource for your Reflective Essays, at all three of the professional qualification levels. If you are a candidate attending the ASA or DSA Demonstration & Viva Voce assessments, you are very welcome to bring your Journal to support your Viva Voce.

It's usually very important to date every entry. Looking back over your journal can reveal some surprising patterns, and breakthrough moments. It can also provide comfort, when you realise that you've been here before... Just a few minutes a day. Try to do it often.

Some people include much more than written words in their journalling. Examples include song lyrics, creative doodling or art works, poetry, scrapbook-style cut and paste items, and many other things that might help you represent what you are recording for yourself.

Not all moments in your journal have to be intentionally spiritual; it could be an everyday experience or event that reveals itself later to have profound spiritual implications.

Here are just a few guiding prompts to help you get started:

How has my understanding of the world changed through spiritual practice?

Have I experienced shifts or noticed patterns in my emotions? In my relationships?

Has my physical body experienced changes? My thoughts? My diet? My habits? My outlook?

What habits or rituals keep me grounded? What inspires me? What challenges me?

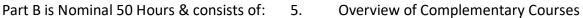
What do I not want to repeat? What questions or insights are guiding me onwards?

The act of creating a personal Journal can be the best habit you ever begin (if you're not already a life-long fan). Enjoy! It's all about you.



PART B: COMPLEMENTARY COURSES

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours



6. Complementary Courses Logbooks

7. Short Reports

This document outlines the content and requirements to fulfil

5. Overview of Complementary Courses

To support your broader development, all Spirit Australia students must complete **20 hours of external spiritual tuition** for each qualification level. These experiences expand your learning, strengthen discernment, and connect you with the wider spiritual community.

You are free to choose the spirit related classes, workshops, or development circles that best align with your personal interests. **The classes must have happened in the previous 3 years**.

These classes may be led by any experienced spiritual teacher or organisation—not just Spirit Australia. We actively encourage you to explore teachings beyond our own courses and we welcome the wisdom of diverse voices.

The **20 tuition hours** can have the following formats:

- In-person learning classes or workshops are ideal, as they allow for real-time energy exchange and community connection
- Live online sessions are also acceptable, provided they are teacher-led and interactive
- **Pre-recorded or self-paced materials**, while valuable in other contexts, do not count toward this requirement

NOTE: For all CSA, ASA & DSA candidates, if you fully attend the annual Spirit Australia Five Day Seminar, this exceeds the 20-hour requirement and includes comprehensive tutor assessment. In this case, you're exempt from submitting Short Reports.

Held every September, this intensive learning experience immerses students from 9am to 9pm each day, including more than 8 hours per day of classes, for five days. The standard of tuition, the learning opportunities experienced through your fellow classmates, and the breadth and experience of the multiple tutors, is a wonderful opportunity that far exceeds the regular format of attending several one-off workshops or classes.

Participation will be assessed by tutors, including self-reflection and feedback opportunities, and therefore candidates do not need to complete the usual Short Reports requirement.

Everything experienced is an opportunity to learn.

Spirit Australia celebrates the many gifted spiritual teachers existing across the country. We're here to support—not replace—the important work they already do.

Our goal is to raise the standard of spirit education, increase public awareness, and make quality learning more accessible. That's why our mission is:

"Supporting the Community & Integrity of Spirit Education"

Looking at it another way, the purpose of engaging in tuition hours from multiple sources is not only to expand your knowledge, but also to expose you to different teaching styles, modalities, and approaches to spiritual development.

Every teacher, like every individual student, has a unique way of working with energy and spirit. Immersing yourself in these differences encourages wise discernment and helps you to discover what resonates most deeply for you, and what does not.

Additionally, in exploring diverse learning opportunities, you'll likely meet a wide variety of people at each new location or class setting. We can often learn as much, if not more, from our fellow students as we do from our teachers.

These shared moments of discovery, laughter, vulnerability, or even frustration are all part of building spiritual maturity.

Whether your interest lies in psychic development, mediumship, energy healing, shamanic practices, or other spirit-aware paths, these 20 Complementary Courses hours are an opportunity to observe, reflect, and refine your own spiritual compass.

Spirit Australia recognises and honours the many skilled and dedicated teachers already working across Australia and beyond. This requirement respects and supports the broader spirit community, and encourages each student to engage thoughtfully with what's available in their region or field of interest.

Just as important as attending these sessions is reflecting on them.

As part of your assessment, you'll be asked to keep a Logbook and also to complete three Short Reports, each based on a different teacher or class experience. These reflections, and how to structure them, will each be explained in the following sections.

By stepping into a variety of learning environments with open awareness and personal discernment, you gain not only experience—but you'll be opening the door to integrity, humility, and wisdom.

So go, be brave, and start exploring! We can't wait to hear about all that you'll discover and learn along the way.

6. Logbooks

Your Complementary Courses Logbook is your personal record of your ongoing community connection and spiritual learning opportunities. It will not be requested for assessment, however if you are attending the ASA or DSA Demonstration & Viva Voce assessments then you may wish to bring your Logbook to support your candidacy.

Keep a simple **Logbook** of all 20 hours, including:

- Date, location, and name of each event
- Duration and size of each event
- Teacher's name
- Key reflections or takeaways

This helps track your development and supports your written reflections.

The format for your Logbook is personal, and up to you. Please remember that your Logbook contains important reference material, so feel free to include whatever additional content or record keeping style feels relevant and correct for you.

7. Short Reports Guidelines

Writing Your Short Reports

As part of the 20 Tuition Hours of external spiritual development required for each level of Spirit Australia's professional qualifications, candidates must submit **three Short Reports**.

These reports allow you to reflect meaningfully on your Complementary Courses learnings and experiences, to practice and demonstrate discernment, and to engage with the broader spiritual community.

Your Complementary Courses Short Report assessors are looking for honest reflection, personal growth, and thoughtful engagement with your learning journey.

Submitting Your Short Reports

You can submit your reports via the student portal in one of two ways:

- Upload a photo or scan of your handwritten or printed report in Word or pdf format
- Fill in the digital form provided on the Spirit Australia website

These Short Reports are a valuable part of your development and a chance to showcase your insight, integrity, and growing confidence as a spirit-aware student, practitioner, or publicly demonstrating and teaching professional. Use the following guide on the next page to help you complete each report:

SPIRIT AUSTRALIA EDUCATION CSA, ASA & DSA



Participants are to complete **20 hours** of externally provided short courses, workshops, classes or development groups in the modality of your choosing. You are to maintain a reflective Logbook throughout to document your experiences.

You are asked to write **three** short reflections on the Complementary Courses experiences you have completed. Each of your reflections should refer to a different piece of training.

Your report is a personal reflection of your experience of the training. You are encouraged refer to your Complementary Courses Logbook, and your Personal Practice Journal, to evidence your reflection. Your reflections should include:

Observations

Your experiences in body, emotions, intellect, memory and spirit.

Interpretation

Insights you gained from the experience as related to your personal spiritual and human life.

Attribution

How these new learnings might fit into the story of you.

Each report should be:

- 150 words
- Written clearly and honestly in your own voice
- Structured to include the following details:

Basic Class Information:

TITLE: Name or main focus of the session

TEACHER: Name and contact details

DATE: Date, location & duration of the class **SIZE**: Approximate number of fellow students

Some Personal Reflections Prompts & Suggestions:

- Did the class unfold as expected?
- What, if anything, surprised you?
- What stood out as particularly effective or enjoyable?
- What might have been improved or approached differently?
- What personal insights or inner responses did you experience?
- Did you notice any sense of holding back or fear within you? Did you notice any feelings of unexpected joy or freedom? What meaning do you take from this?
- What roles did your teacher, or fellow students, or spirit play in your learnings?
- Did your learnings occur mostly at the time, or in the time after, this class?
- Where do you feel drawn to explore next?

PART C: FORMAL ASSESSMENT

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours



10. Reflective Essay
11. Demonstration
12. Viva Voce
13. CSA ASA DSA CSA ASA DSA CSA ASA DSA CSA ASA DSA

This document provides an overview of Spirit Australia's

8. Assessment Overview

Understanding Assessment at Spirit Australia

We understand that for many adult learners, the word *assessment* can feel daunting or even uncomfortable. But assessment does not have to feel like judgment; it can also be about recognising growth, encouraging reflection, and supporting your ongoing development.

This Assessment Overview offers insight into the ethos and guiding principles that shape how we approach assessment in our courses. It's designed to give you a clear, supportive foundation before we outline the specific assessment tasks that follow in the next section.

What Does Assessment Mean at Spirit Australia?

When it comes to education, not all certificates are created equal. Some certificates simply acknowledge **attendance** or **participation**. Others signify **achievement**; a clear consistent level of knowledge, skill, and competency shared by all who are awarded the certificate

At Spirit Australia, we're committed to the latter. Our professional qualifications are built on meaningful assessment standards, with the aim of establishing clear and consistent knowledge, skill and competency.

While we honour every student's unique gifts and style, we also want to ensure that those who hold Spirit Australia qualifications

share a common foundation of understanding, capability, and ethical awareness

Our courses are all carefully aligned with the **Australian Qualifications Framework (AQF)**, meaning our qualifications are vocationally appropriate and comparable. For example, our Advanced Certificate (Level 4) is aligned to national AQF Level 4 standard. This gives peace of mind to the Australian public, to insurance providers, and to the broader professional spirit community that our graduates meet recognised benchmarks.

Details of each qualification's structure, expectations, and assessments are within the **Spirit Australia Student Handbook**. This framework is your companion in understanding the progression of your studies, the competencies required, and the pathways available as you deepen your skills.



From Facts to Wisdom: A Modern View of Assessment

Once upon a time, education was about memorising facts. Times tables. Spelling bees. Fixed content. Repetition.

But we live in a different world now.

Instant answers are in our pockets, just a click or a voice command away. With the rise of artificial intelligence, the real challenge is no longer acquiring knowledge—but learning how to think, discern, prioritise, and apply wisdom.

This is especially true in spiritual education. Our work isn't mechanical. It's highly intuitive, experiential, and often deeply creative. You're not memorising formulas to repair an engine. You're developing the awareness and sensitivity to connect with spirit, interpret energetic information, and offer healing, inspiration, or insight in service of others. There's no script, and no "one way" to do it.

That's why Spirit Australia's assessment approach is grounded in real-world demonstration, reflective spirit-led insight, and meaningful human feedback.

Our Assessment Team

Our assessors are more than straightforward administrators. They're all long-standing and well-respected practitioners in their fields, drawn from across almost every Australian state.

Each candidate is always assessed by **two assessors**, to ensure fairness, transparency, and diverse perspectives.

This team comes together in person each year at the **Spirit Australia Summit** (September), where live assessments, including mediumship **Demonstrations** and **Viva Voce** interviews, are offered. These moments are often deeply affirming experiences for students—where progress and development is acknowledged, spirit is present, and your journey is honoured.

A Living, Guided Process

Assessing spiritual work is not a simple checklist. It's very much a responsive and intuitive process, like witnessing a moving piece of art or music. It requires sensitivity, discernment, and the ability to truly feel what's being expressed.

Our assessors listen deeply, observe with care, and allow spirit to guide them just as it guides the student. Assessment is a shared space of awareness and sacred connection.

And, importantly, our **Spirit Australia assessment is about discernment, not judgement.** It's about acknowledging and encouraging growth. Through constructive feedback and the recognition of your progress, we aim to encourage and help you expand further.

Assessment is not always an easy task, but it can be a joyful one.

PART C: FORMAL ASSESSMENT

✓ LEVEL 3 CSA 600 hours

∠ LEVEL 4 ASA 900 hours

IX LEVEL 5 DSA 1200 hours

Part C is Nominal 300 Hours & consists of:



10. Reflective Essay CSA ASA DSA

11. Demonstration CSA ASA DSA

12. Viva Voce CSA ASA DSA

This document provides an overview of Spirit Australia's

9. Six Foundation Units

Level 2 Foundation Units: The Starting Point for Professional Learning

Spirit Australia's six Foundation Units lay the essential groundwork for deeper spiritual education. Developed as Level 2 studies, they provide a shared language, core concepts, and a consistent ethical framework for further growth.

These aren't just introductions; they form the common ground uniting our diverse spiritual community. Whether you're new or experienced, understanding this material is key. Even seasoned practitioners often find fresh insight in revisiting the foundations.

Some students may find the content new or challenging, others may feel it confirms what they already know. Either way, these shared teachings help build a community of trust, respect, and spiritual integrity.

Each Unit is designed for 50 hours of study, though the written material and final exam may take less time. The real value lies in the journey—reflection, practice, suggested readings, and applying what you learn to daily life. In this way, the Foundation Course Units become more than study, they are living pathways that support your personal growth.

Assessment

The Unit ends with 20 multiple-choice exam questions. To successfully complete the exam a perfect score of 20/20 is required but don't worry, you'll have up to three attempts to achieve this. Please remember the aim of this assessment task is not to pass judgement; it is to solidify and integrate knowledge.

Ongoing Feedback

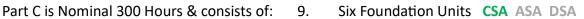
Launched in 2025, our Foundation Course is an evolving and exciting step forward in raising professional standards and enabling integration of spiritual awareness and education into general society.

Your experiences help us shape future versions of the courses and keep Spirit Australia education responsive, relevant, and vibrant. We welcome your feedback, reflections, and ideas to help us grow and refine Spirit Australia's learning experience.



PART C: FORMAL ASSESSMENT

- ✓ LEVEL 3 CSA 600 hours
- ✓ LEVEL 4 ASA 1200 hours
- ✓ LEVEL 5 DSA 1800 hours



10. Reflective Essay11. DemonstrationCSA ASA DSA

12. Viva Voce CSA ASA DSA

This document provides an overview of Spirit Australia's assessment of

10. Reflective Essay

Reflecting on Your Journey

As part of Spirit Australia's professional qualification process, all candidates are required to submit a Reflective Essay at each level of study; Level 3 Certificate (Foundations), Level 4 Advanced Certificate (Practitioner), and Level 5 Diploma (Teacher).

These essays are designed to help you integrate and express the insights, practices, and transformations that have shaped your personal spiritual journey.

While each level of Reflective Essay has a slightly different focus, they all share the same intention: to recognise and honour your learning, to celebrate your growth, and to offer a meaningful opportunity to pause and reflect on where you've come from, where you are now, and where spirit might be leading you next.

You'll find the specific requirements for each qualification in the Student Assessment part of the Handbook: CSA (p43), ASA (p47) and DSA (p65).

You are welcome to submit your report in writing (typed or handwritten), or as a recorded video if you prefer to speak rather than write. Use whichever format allows you to express yourself most naturally.

Reflective Essays can be submitted:

- As a typed document via the online student portal
- As a scan or photo of a handwritten (or typed and printed) report
- Or as a short, pre-recorded video upload to your student portal

Whatever format you choose, your submission will be reviewed with care and respect by our Spirit Australia Assessor Team, who are here to encourage your continued growth—not to critique your personal voice or style.

Above all, these essays are about *your truth*. They are your opportunity to bring together insight, experience, inspiration, and perhaps even a glimpse of your future direction. Pause, just for a moment, and have a good look around. Let your Reflective Essay reflect your journey, in all its richness and authenticity.



PART C: FORMAL ASSESSMENT



✓ LEVEL 4 ASA 1200 hours

✓ LEVEL 5 DSA 1800 hours



Part C is Nominal 300 Hours & consists of:	۵	Six Foundation Units	CCA	VSV DSV
Part C is Nominal 300 Hours & consists of:	9.	Six Foundation Units	CSA	ASA DSA

10. Reflective Essay CSA ASA DSA

11. Demonstration CSA ASA DSA

12. Viva Voce CSA ASA DSA

This document provides an overview of Spirit Australia's assessment of

11. Demonstration

After dedicating so much time to personal practice, reflection, and development, the opportunity to demonstrate your growing ability to connect and communicate with spirit becomes a pivotal milestone in your educational journey.

Live demonstration of spirit connection is a key requirement at the two highest levels of Spirit Australia's professional qualifications ASA and DSA. These demonstrations provide a space for your abilities to be witnessed, honoured, and assessed in real time.

For the **Psychic Mediumship** stream, demonstrations are ideally done in person, but may also be completed via live online platforms if necessary.

For the **Trance & Spirit Arts** stream, in-person assessment is essential, given the subtle energetic nuances and safety considerations that often arise during trance work.

Additionally, we recognise that some Trance & Spirit Arts candidates may have further needs and considerations for assessment. While we welcome diversity in spirit connection and communication, this must be discussed, in advance, with the Education Assessment Team to clearly establish a suitable criteria and processes.

We have listed a brief overview of the four types of demonstration assessment here on the next page, but for a more detailed overview of what assessors are looking for—including preparation tips and marking criteria—please refer to the **Student Assessment: Criteria**, **Process & Support Guide**, beginning on page 39 of this Student Handbook.

We understand that live demonstrations can feel daunting.

The fluid, intuitive nature of spirit communication often resists a strict structure—and that's perfectly okay.

Each demonstration is supported by two trained assessors, whose role is to observe with empathy, professionalism, and deep understanding of the spirit arts.

Your assessors are highly experienced and attuned to the many layers involved in this work. Their focus is not perfection. The keys to a successful demonstration are:

- Authenticity
- Ethics and
- Clarity of connection

The person you are reading for will obviously want you to have a clear strong connection, and your assessors want the same too.

They are not there to critique, but to witness, support, and affirm the unique way in which you connect with spirit.

Take a deep breath. Trust your practice. And most of all—trust spirit.

You've come a long way. Now is your time to let your light be seen.

Here is a brief overview of the **four types of demonstration assessments**, depending on your stream and qualification level:

ASA Adv. Cert. Practitioner (Level 4)

Psychic Mediumship: One-to-One Private Readings

20 minutes

At least two clients will be made available to you. Provide a reading for either one or two clients, at your discretion, within a total maximum of 20 minutes.

Trance & Spirit Arts: Trance or Entranced Spirit Arts Demonstration 20+10 minutes

Maximum 20 minutes per demonstration. Includes additional 10 minutes discussion
and preparation time with assessors, prior to beginning the demonstration.

DSA Diploma Teacher (Level 5)

Psychic Mediumship: Platform Demonstration of Mediumship 20+10 minutes
At least four clients will be made available to you. Provide readings for two clients,
selected by you (and spirit). NOTE: Maximum 10 minutes per client. Includes extra
time for working with groups, and professional opening & closing the demonstration.

Trance & Spirit Arts: Trance or Entranced Spirit Arts Demonstration 20+10 minutes

Maximum 30 minutes per demonstration. Includes additional 10 minutes discussion
and preparation time with assessors, prior to beginning the demonstration.

Spirit Australia Education

PART C: FORMAL ASSESSMENT

IX LEVEL 3 CSA 600 hours

✓ LEVEL 4 ASA 1200 hours

✓ LEVEL 5 DSA 1800 hours



Part C is Nominal 300 Hours & consists of: 9. Six Foundation Units CSA ASA DSA

10. Reflective Essay CSA ASA DSA

11. Demonstration CSA ASA DSA

12. Viva Voce CSA ASA DSA

This document provides an overview of Spirit Australia's assessment of

12. Viva Voce

At the two highest levels of Spirit Australia's professional qualifications, all candidates are required to complete a live demonstration of their skills, followed by a Viva Voce interview with two assessors.

The Viva Voce is a time-honoured assessment tradition, designed not to intimidate, but to *illuminate*.

It offers candidates the opportunity to reflect on their demonstration and articulate the depth, breadth, and evolution of their spiritual development.

Viva Voce literally means "living voice". This type of assessment is:

A dialogue between the candidate and the assessor that guides the candidate to articulate the depth and breadth of their knowledge and skills

It's also a powerful (and often surprisingly enjoyable) way for assessors to understand the unique perspective, style, and integrity each candidate brings to their work.

Preparing for a Viva Voce assessment can sometimes feel intimidating as the time draws closer, but in truth it's a lovely way for candidates to interact with the assessment team and share some more of who you are, and how and why you do what you do.

There are sample Viva Voce questions in the **Student Handbook** starting on p58 & p76 that can help you prepare.

Your assessors are here to support, encourage, and celebrate how far you've come. Remember, we genuinely want you to succeed.

Relax. Smile. Let's have a chat!

SPIRIT AUSTRALIA EDUCATION

STUDENT ASSESSMENT



CRITERIA, PROCESS & SUPPORT

Choose the CSA, ASA or DSA section to quickly find, reference or make copies of the various forms & information to support candidates and assessors.

The coloured bands on the following pages appear in two ways:

Across the Top of the Page

These pages are the forms used by your assessors on the day of your assessment

Down the Left Hand Side of the Page

These pages are to help inspire and guide you as you prepare for your assessment

Please contact Spirit Australia directly if you have any questions.

We are here to help you succeed!

LEVEL 3 ASSESSMENT

CSA

Certificate of Spirit Australia

(Foundations)

Certificate of Spirit Foundations

is awarded to candidates who successfully	complete the	following requirements:
is awaitied to callulates will successiully	y complete the	ionowing requirements.

	PART A	PERSONAL PRACTICE
•	250 Hours of Personal Pra	f Personal Practice ctice Journal
	PART B	COMPLEMENTARY COURSES 50 nominal hours
•		teacher led Classes, Workshops, Events tary Courses Logbook
	PART C	FORMAL ASSESSMENT
•		Reports: from Complementary Courses (150 words) ase see Page 29 & 30 for this element which is common to all courses
•	Reflective Es	say: Teacher Reflection (750 words / 10 mins video)
•	Six Foundati	on Units of Study: Online Examinations (100% pass)
	(D)	MEMBERSHIP of Spirit Australia (\$35 annual)
	(E)	ASSESSMENT FEE One Off Payment \$1800 (Includes website listing)

CSA Three Short Reports: Complementary Courses

Approx. 150 words for each of the 3 Short Reports

Please see page 29 & 30 of the Student Handbook for a guide to completing and submitting this requirement which is common to all three Spirit Australia qualifications.

CSA Reflective Essay: Personal Reflection

Approx. 750 words or 10-minute video

This Level 3 report is a gentle and introspective personal reflection on your individual and unique personal spiritual development so far. It's a space to consider how your spiritual practices—formal and informal—have helped shape who you are becoming.

While not assessed, your Personal Practice Journal and Complementary Courses Logbook can be powerful prompts and resources for this task.

There is no need to follow a rigid structure. Speak from the heart, and explore how you've grown through meditation, intuitive work, self-study, or any significant life experiences that have brought you closer to your spiritual self.

Many students undertaking CSA will have already logged hundreds of hours of practice through daily meditation, classes, journaling, or spiritual service. (For example, one hour a day, five days a week equals 250 hours in a single year!)

Reflection prompts to consider:

- How has my understanding of the world changed through spiritual practice?
- Have I noticed shifts in my mindset, emotional state, or relationships?
- What moments of insight, healing, or inspiration have stood out the most?
- What habits or rituals keep me grounded and aligned?
- What questions or inspirations, at this point, are guiding me onwards?

This report is about you as a student. Let your inspired curiosity guide a heartfelt, honest reflection on your growth, awareness, and evolving understanding.

CSA Foundation Units: Six Study Essentials

At Spirit Australia, we offer two flexible ways for you to complete the Foundation Courses, depending on your learning preferences and lifestyle.

Option 1: Online Study

Enrolling online is quick and easy. Before you begin, please make sure to become a Spirit Australia Supporter Member (annual fee of \$35). This ensures your exam results are recorded and accessible through your student membership portal.

If you encounter any difficulties during the sign-up process, please don't be concerned or feel frustrated. We're just a phone call away and always happy to help.

Option 2: Printed Handbook

Prefer learning offline? You're not alone! This is no problem, as all of the six Foundation Course Units are available in printed form inside the *Spirit Australia Student Handbook*. It's a perfect solution if you like to make handwritten notes or enjoy reading away from a screen.

If you complete your studies using the printed handbook, you can then either:

- Submit your multiple-choice answers online, via your student portal, or
- Phone us directly with your completed answer sheets, and we'll handle the rest.
 It typically takes around 20 minutes to register and process all six exams—simple!

The Six Foundation Units

- 1. Psychic Senses
- 2. Mediumship
- 3. Healing
- 4. Spiritualism
- 5. World Traditions
- 6. Awakening

Assessment Requirements

Each Unit concludes with 20 multiple-choice questions. A perfect score of 20/20 is required, with up to three attempts allowed. Remember that the aim of this assessment task is not to pass judgement; it is to solidify and integrate knowledge.

LEVEL 4 ASSESSMENT

ASA

Advanced Certificate (Practitioner)

in Psychic Mediumship

or

in Trance & Spirit Arts

Advanced Certificate in Psychic Mediumship or Advanced Certificate in Trance & Spirit Arts

is awarded to candidates who successfully complete the following requirements:

PART A 250 Hours of Personal Practice Personal Practice Journal PART B COMPLEMENTARY COURSES 50 nominal hours **20 Hours** of teacher led Classes, Workshops, Events Complementary Courses Logbook FORMAL ASSESSMENT 300 nominal hours PART C Three Short Reports: from Complementary Courses (150 words) Please see Page 29 & 30 for this element which is common to all courses Reflective Essay: Analytic Reflection (1200 words / 15 mins video) **Demonstration: Private Reading (Psychic Mediumship)** or **Demonstration** (Trance & Spirit Arts) **Viva Voce Interview: Practitioner** (25 minutes) (D) **MEMBERSHIP** of Spirit Australia (\$35 annual) (E) ASSESSMENT FEE One Off Payment \$1200 (Includes website listing)



Approx. 150 words for each of the 3 Short Reports

Please see page 29 & 30 of the Student Handbook for a guide to completing and submitting this requirement which is common to all three Spirit Australia qualifications.



Approx. 1200 words or 15-minute video

At this Level 4 stage, your report should incorporate both personal reflection (see p43 for Level 3 CSA essay prompts) and thoughtful research. This means including references to books, studies, and other reputable sources that have influenced your understanding of spiritual concepts and practices.

You are encouraged to explore authors, scientists, teachers, or traditions that have resonated with you—whether you've agreed with them or not. The goal is to show the interplay between your personal journey and the wider body of knowledge that supports and challenges your growth.

The Spirit Australia Suggested Reading List is a great place to start, though you are welcome to reference sources outside this list.

Reflection prompts to consider:

- What writers, researchers, or historical figures in mediumship inspire me?
- Have I had spiritual experiences that I later found supported in the research or experiences of others?
- What books or teachings have had a significant impact on my path, if any, and why might this be the case?
- Has my personal life been changed as my spiritual knowledge deepens?
- Where do I feel drawn to continue my studies, and what topics light me up?

This report is an opportunity to demonstrate your deepening awareness of how personal experience and shared knowledge interweave in meaningful ways.



ASA Demonstration:

Psychic Mediumship or

Trance & Spirit Arts

On the following pages you will find information about the assessment criteria for the assessment of a demonstration of your chosen stream of qualification.

Pages with a **horizontal coloured band** at the top are used by assessors to complete your assessment. Pages with a **vertical coloured band** on the left are for your reference, to help you prepare and decide if you're ready for assessment.

STREAM 1:

Advanced Certificate in Psychic Mediumship (Practitioner)

Demonstrate a One-to-One psychic mediumship reading for one or two clients.

- At least two clients will be supplied for you
- The maximum time allowed is 20 minutes
- While mediumship is strongly encouraged at this level, we acknowledge that spiritual
 connection can take many forms. Some practitioners may not feel called to develop
 mediumship further, and in these cases, a psychic reading is acceptable for
 assessment purposes for Advanced Certificate practitioners.

STREAM 2:

Advanced Certificate in Trance & Spirit Arts (Practitioner)

Demonstrate your communication with spirit via **Trance**, or via your personal understanding and demonstration of **Spirit Arts**.

- For Trance demonstrations, you are required to discuss your demonstration, and any
 requirements you may have, with the Assessment Team at least two weeks prior to
 your assessment.
- The maximum time normally allowed is 20 minutes, plus 10 minutes preparation time.
- For **Spirit Arts** demonstrations, you are required to discuss the nature of your spirit connection and communication, and any requirements you may have, with the Assessment Team *at least two weeks prior* to your assessment.



Spirit Australia Diploma Assessment CRITERIA:

Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

1. Preparation and Grounding (15%)

- **Grounding Beforehand**: Demonstrates a strong grounding practice before entering trance.
- **Setting Intentions**: Clearly invites a spirit communicator or guides to work in harmony.
- Protection and Energy Awareness: Establishes safe energetic boundaries before starting.

2. Entering and Holding the Trance State (25%)

- Entry Process: Candidate enters a changed state of consciousness appropriately (light, medium, or deep trance all acceptable at Diploma level).
- **Blending with Spirit**: Strong blending and overshadowing observed even if full unconscious trance is not achieved.
- **Surrendering Control**: Candidate demonstrates ability to "step back" and allow spirit influence without fear or over-control.

3. Spirit Communication Quality (25%)

- **Clarity of Spirit Presence**: Spirit's essence comes through clearly (emotion, intention, personality shift).
- **Verbal or Non-Verbal Communication**: Candidate allows spirit to communicate through speech, gesture, or felt presence.
- Coherence: Messages or expressions from spirit are meaningful, not random or confused.

4. Managing the Session (15%)

- **Opening the Space**: Respectful opening of the session, including setting intention for spirit communication.
- Holding the Energy: Maintains a sacred, calm atmosphere throughout.
- Proper Closure: Thanks spirit, re-grounds, and closes the session safely and clearly.

5. Spiritual and Ethical Awareness (20%)

- **Respect for Spirit**: Spirit's will, not the candidate's ego, leads the experience.
- Respect for Sitters: Treats the audience with care, patience, and emotional sensitivity.
- Integrity: No wild claims; no making false promises; spirit communication remains uplifting, healing, or insightful.

LEVEL 4 ASSESSMENT: DEMONSTRATION (Trance & Spirit Arts) page 1 of 2



Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

ASSESSMENT Page 1/2	for Candidate Name	
---------------------	--------------------	--

ASSESSIVIEN I	Page 1/2 to	or Candidat
Category	Criteria	Weight
Preparation & Grounding	Grounding Intentions Protection	15%
Entering & Holding Trance	Entry process Blending Surrender	25%
Spirit Communication	Clarity Coherence Authenticity	25%
Managing the Session	Structure Energy management & closure	15%
Spiritual & Ethical Awareness	Respect Ethics Healing focus	20%

Key Points for Spirit Australia Trance Assessment

- Light, medium or deep trance are all acceptable. Candidates are assessed for quality, safety, blending, and other aspects, not depth alone.
- Overshadowing or light voice control is enough if spirit essence is clear.
- Spirit, not ego, leads the experience. Characteristics such as humility, trust, and grace are all signs of authentic development.



LEVEL 4 ASSESSMENT: DEMONSTRATION (Trance & Spirit Arts) page 2 of 2

Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

ASSESSMENT Page 2/2 for Candida	te Name
Overall Impression	Assessors Comments
Strengths	
Observed	
Areas for	
Improvement	
·	
Examiner's Overall	
Comments	
Final Recommendation (Select One):	
That recommendation (Select One).	
☐ Competent	
☐ Not Yet Competent	
ASSESSOR 1	
Name	Signature & Date
	Ollutaic & Batc
ASSESSOR 2	
ASSESSOR 2	
Name	Signature & Date

Spirit Australia Advanced Certificate Candidate Brief:

7

Private One-to-One Mediumship Reading Assessment (Level 4 ASA)

Congratulations on reaching this stage of your Diploma journey !You will be assessed on your ability to provide one or two private mediumship readings, each lasting **10–15 minutes** (Maximum 20 mins)

Your goal is to demonstrate a clear, respectful, ethical, and evidential connection with spirit, while providing an uplifting, sensitive, and meaningful experience for each sitter.

During the Reading, You Are Expected to:

- ✓ Present Yourself Professionally
 - Greet the sitter warmly.
 - Briefly explain how the session will work.
 - Maintain respect, confidentiality, and clear ethical boundaries at all times.
- ✓ Provide Evidence of Spirit Connection
 - Aim to identify spirit communicators clearly (relationship, personality, memories, etc.).
 - Deliver specific, verifiable information.
 - Encourage feedback ("yes," "no," "unsure") to confirm the connection.
- Blend with Spirit and Communicate Clearly
 - Allow the spirit communicator's essence and emotional presence to come through.
 - Share information in a clear, structured way.
- Use Psychic Sensitivity Wisely
 - Tune into the sitter's energy when appropriate.
 - Clearly distinguish when you are working psychically (energy reading) versus mediumistically (spirit connection).
- Manage the Session Well
 - Keep within the 10–15 minute time frame.
 - Ensure the session has a clear opening, development, and closing.
 - Finish respectfully, thanking spirit and the sitter.
- Stay Spiritually Grounded
 - Maintain a calm, steady energy throughout.
 - Close the energetic space properly at the end.

Important Notes:

Please avoid giving specific medical, financial, or legal advice.

Focus on uplifting, healing, and empowering the sitter with genuine spirit communication.

Take responsibility if evidence is unclear — remain calm, honest, and positive.

Remember:

You are assessed not just on accuracy, but also on sensitivity, professionalism, and spiritual ethics. Breathe, trust spirit, and let the connection unfold naturally.

This is about showcasing YOUR unique connection and style — enjoy it!

We believe in you.

LEVEL 4 ASSESSMENT CRITERIA: DEMONSTRATION (Psychic Mediumship)



Spirit Australia Adv Cert Practitioner ASA (Level 4) Assessment Criteria:

Private One-to-One Mediumship Readings

1. Professionalism and Ethics (15%)

- Initial Approach: Warm greeting; respectful explanation of how the session will work.
- **Confidentiality**: Clear statement about privacy and respect for personal information.
- Boundaries: Not give medical, legal, or financial advice; handles sensitive topics ethically.

2. Evidence of Spirit Connection (30%)

- Accurate Identification: Provides clear, specific details about spirit communicators (relationship, appearance, personality, memories).
- Specific Evidence: Goes beyond general statements; delivers details that can be verified.
- Validation with Sitter: Checks with recipient regularly; responds to feedback appropriately

3. Quality of Spirit Communication (20%)

- **Blending & Prescence**: Maintains clear connection with spirit; characteristics & aspects of communicator's essence comes through.
- Flow & Structure: Information is delivered coherently and at a steady pace.
- Emotional Resonance: Demonstrates sensitivity to both spirit & recipient's emotional needs.

4. Psychic and Spiritual Sensing (15%)

- Psychic Tuning: Accurately senses and reads the client's energy field (past, present, future)
- Balance: Integrates psychic and mediumistic information appropriately while reading.
- **Clarity**: Is clear to client when giving psychic impressions vs spirit impressions.

5. Managing the Session (10%)

- Time Awareness: Manages time well within the 10-15 minute limit.
- **Session Flow**: Smooth opening, middle, and closing of the session.
- **Closure**: Provides a proper, respectful ending with thanks to spirit and the sitter.

6. Spiritual & Energetic Awareness (10%)

- **Grounding**: Stays centred, calm, and grounded throughout.
- Energetic Care: Opens and closes energetic space properly.
- Respects Spirit & Sitter: Ensures all communication honours both spirit and the living.





Spirit Australia Advanced Certificate LEVEL 4 Assessment

One-to-One Mediumship Readings p1/2 NAME_

Category		Criteria	(~)	Comments
	5%	Warm, respectful greeting		
Professional & Ethical	5%	Confidentiality and privacy respected		
15%	5%	Clear ethical boundaries (no inappropriate advice)		
Evidence	10%	Clear identification of spirit		
of Spirit Connection 30%	10%	Specific verifiable information		
	10%	Validation and sitter feedback integration		
Cuivit	5%	Strong blending with spirit		
Spirit Communication Quality	5%	Coherent flow of information		
20%	10%	Emotional sensitivity and care		
Mediumship or Psychic	10%	Psychic reading is accurate and appropriate		
15%	5%	Clear distinction between psychic and mediumship		
	3%	Effective time management		
Managing the Session	3%	Smooth session structure		
10%	4%	Proper closing and thanks		
Awareness of Energy	5%	Grounded and centred presence		
10%	5%	Respectful energy work (opening/closing)		

LEVEL 4 ASSESSMENT: DEMONSTRATION (Psychic Mediumship) page 2 of 2



Spirit Australia Advanced Certificate LEVEL 4 Assessment

One-to-One Mediumship Readin	
Overall Impression	
Key Areas	Assessment Notes
Strengths Observed	
Observed	
	-
Areas for	
Improvement	
	-
Examiner's Overall	
Comments	
	-
Final Baseman and then (Salast One)	
Final Recommendation (Select One):	
☐ Competent	
□ Not Yet Competent	
ASSESSOR 1	
Name	Signature & Date
ASSESSOR 2	
Name	Signature & Date



Professionalism & Ethics (15%)

- ☐ Clear, warm greeting & explanation
- Statement about confidentiality
- \square Boundaries kept regarding finance, medical etc

Evidence of Spirit Connection (30%)

- \square Clear identification of spirit (relationship, personality, detail
- ☐ Specific and verifiable information & evidence
- ☐ Seeks sitter feedback & responds appropriately

Quality of Communication with Spirit (20%)

- \square Maintains good blending with spirit's essence
- □ Delivery at a coherent steady pace
- Sensitivity to spirit & sitters emotional needs

Psychic & Spiritual Sensing (15%)

- Good sensing of client's energy (past, present, future)
- ☐ Smooth integration of appropriate psychic and mediumship
- \square Clear to client when working with either psychic or mediumship

Managing the Session (10%)

- \square Manages session time well within 10-15 minute limit
- ☐ Smooth opening, middle and closing of session
- Respectful closing with thanks to both spirit and sitter

Spiritual and Energetic Awareness (10%)

- \square Maintains grounding throughout
- \square Proper energetic opening & closure of session
- \square Communication honours both spirit & the living

✓ Overall Impression & Comments

- Consistent quality across the demonstration
- Managed time well (neither rushed nor dragged)
- \square Took responsibility for unclear information appropriately

Spirit Australia Advanced Certificate LEVEL 4 Assessment

Private One-to-One Readings

Assessment Summary Checklist



Candidate Quick Reminder

for Private One-to-One Mediumship Readings

Greet with Warmth

- Quick hello, explain what will happen.
- Smile, stay calm, be kind.

Manage Your Time

- 10–15 minutes max.
- Steady pace not rushed, not slow.

Blend with Spirit

- Invite universal energy, and any spirit communicators, to move close.
- Share specific evidence (relationship, memories, details).

Psychic Awareness

- If reading their energy, say so!
- Be clear: Is it Psychic? or Mediumship?

Check and Validate

- Ask for "yes/no/unsure" gently.
- Adjust without guessing if needed. Check again with Spirit.

Stay Grounded and Kind

- · Gentle. Uplifting. Integrity.
- Honour the efforts and intentions of Spirit communicators

End with Gratitude

- Thank Spirit, Sitter, and yourself.
- Close the energy properly.

And remember... TRUST YOURSELF! TRUST SPIRIT!

You've prepared. You're ready. You've got this!



ASA Viva Voce:

Psychic Mediumship or Trance & Spirit Arts

On the following pages you will find information about the assessment criteria for the Advanced Certificate (Practitioner) Viva Voce assessment of your chosen stream of Spirit Australia qualification.

Pages with a **horizontal coloured band** at the top are used by assessors to complete your assessment. Pages with a **vertical coloured band** on the left are for your reference, to help you prepare and decide if you're ready for assessment.

Both streams of the Advanced Certificate (Psychic Mediumship) **and** (Trance & Spirit Arts) undertake a Viva Voce assessment.

- The Viva Voce will take place with two assessors present
- The duration of the Viva Voce assessment is **25 minutes**
- You are welcome to bring your Personal Practice Journal, and your Complementary Courses Logbook, if you feel they will assist you in your Viva Voce
- The Viva Voce is usually scheduled to take place straight after your Demonstration

This interview focuses you as a practitioner; on the *practical elements* of your work.

- What did you do?
- How did you do it?
- What worked well, and what didn't go to plan?
- What did you learn, or what might you change for next time?

Level 4 Advanced Certificate ASA is the final stage before many candidates begin teaching others. This conversation marks a kind of "graduation moment"—your opportunity to share the insights, tools, and confidence you've developed in your own personal spiritual practice.

It's the last time someone might assess **how you work**, before you go forward to evolve your own unique teaching or mentoring style.

And once more, just to make it clear... Relax! Smile. This is about you.

You've just demonstrated your skills. Now share with us a little of your passion and purpose. This world needs you. We are listening, and we are here to support you.



Spirit Australia VIVA VOCE Sample Questions Bank - ASA

LEVEL 4 — **Advanced Certificate** Viva Voce Questions

25 MINUTES

Personal Spiritual Practice

- How do you personally prepare before working with spirit?
- What daily or weekly habits help you maintain your psychic or mediumistic sensitivity?

Working with Spirit / Spirit Arts

- How can you tell the difference between your imagination and true spirit communication?
- What are the early signs you notice when a spirit communicator is blending with you?
- In psychic work, how do you avoid reading too much into a client's body language or cues?

Ethics and Responsibility

- What would you do if a client became very emotional or distressed during a session?
- Why is it important not to predict death, illness, or serious misfortune for clients?
- How would you respond if you weren't sure who a spirit message was meant for?

Trance Awareness (for Spirit Arts Stream)

- How do you know you are entering a light trance state?
- What steps do you take to ensure you are protected and safe during trance work?

Key Points for Viva Voce Assessment & Assessors

- Use follow-up questions if the candidate shows insight but needs encouragement to expand.
- Notice depth over speed it's OK if they pause, reflect, or even gently self-correct.
- Assess tone and maturity, not just content. Kindness, humility, responsibility = excellence.
- Adapt questions based on the candidate's background some may have more trance focus, others more psychic mediumship focus.

Comparison Summary of Candidates Overall Characteristics

- Level 4 ASA (Practitioner) shows:
- ✓ Level 5 DSA (Teacher) shows:
- Strong personal connection
 - Safe & ethical practices
- Beginner professional standards
- * Deep understanding
- * Readiness to mentor or guide others
- * Mature spiritual leadership



Spirit Australia VIVA VOCE Interview Sheet (Level 4 ASA)

Candidate Nam	ne:	Date:
Assessor 1 Name		Assessor 2 Name
Level:	☐ Level 4 – Advanced	d Certificate (25 Minutes)
Stream:	☐ Psychic Mediumsh	ip
	☐ Trance & Spirit Arts	S
Questions A	sked	Key Points or Notes on Response
1		
2		
3		
4		
_		
5		
6		



VIVA VOCE ASSESSMENT

Category	Criteria	(✓)	Comments
Knowledge & Understanding	Clear knowledge of spiritual practice and philosophy		
Personal Practice & Self-Development	Shows reflective and responsible personal practice	_	
Professional & Ethical Awareness	Shows clear ethics, boundaries, and client care awareness	_	
Readiness to Mentor/Teach (Level 4)	Ability to articulate basic guidance for beginners		
Spiritual Maturity	Displays humility, discernment & emotional intelligence	_	
Overall Strengths Ob	oserved:		
Areas for Improvement	ent:		
CANDIDATE NAME			
Final Recommendation Competent			
☐ Not Yet Com	•		
ASSESSOR 2 Name &	Signature		

Key Points for Spirit Australia Trance Assessment

- Encourage candidates to feel relaxed. Pauses for reflection are okay.
- Focus on depth, discernment, warm professionalism and ethical awareness.
 - Celebrate and respect each candidate's unique way of serving spirit.

LEVEL 5 ASSESSMENT

DSA

Spirit Australia Diploma (Teacher)

in Psychic Mediumship

or

in Trance & Spirit Arts

Diploma in Psychic Mediumship (Teacher)

or

Diploma in Trance & Spirit Arts (Teacher)

is awarded to candidates who successfully complete the following requirements:

PART A **250 Hours** of Personal Practice Personal Practice Journal COMPLEMENTARY COURSES 50 nominal hours **PART B 20 Hours** of teacher led Classes, Workshops, Events Complementary Courses Logbook PART C Three Short Reports: from Complementary Courses (150 words) Please see Page 29 & 30 for this element which is common to all courses Reflective Essay: Teacher Reflection (750 words / 10 mins video) **Demonstration: Public Platform (Psychic Mediumship) or Demonstration** (Trance & Spirit Arts) Viva Voce Interview: Teacher (20 minutes) (D) MEMBERSHIP of Spirit Australia (\$35 annual) (E) ASSESSMENT FEE One Off Payment \$1800 (Includes website listing)



Approx. 150 words for each of the 3 Short Reports

Please see page 29 & 30 of the Student Handbook for a guide to completing and submitting this requirement which is common to all three Spirit Australia qualifications.



Approx. 750 words or 10-minute video

At Level 5, your Reflective Essay shifts focus onwards into guidance and teaching.

Whether or not you formally teach others yet, this reflection is about stepping into your role as an experienced and ethical guide for those who are newer to the path.

You may be mentoring informally, offering support in groups, or simply noticing how others seek your insight. Spirit Australia recognises the importance of encouraging experienced students to see themselves as carriers of wisdom. You have something valuable to share.

This reflection invites you to consider what kind of teacher or guide you want to be, and how your lived experience might help others navigate their own journeys.

Building upon the processes, prompts and resources you used in your Personal Reflection (CSA Level 3, p43) and Analytical Reflection (ASA Level 4, p47), here are some further prompts for you to consider:

- Which spiritual teachers have influenced me—and why?
- What qualities do I admire (or avoid) in those who guide others?
- Have I begun sharing my knowledge in any way? What was that like?
- Who supports me as I grow? What does my spiritual network look like?
- Am I being called to teach, serve, or guide in new ways?

This report is a sacred mirror, reflecting not just where you currently are; but also how you might help others find their way too.



DSA Demonstration:

Psychic Mediumship or

Trance & Spirit Arts

On the following pages you will find information about the assessment criteria for the assessment of a demonstration of your chosen stream of qualification.

Pages with a **horizontal coloured band** at the top are used by assessors to complete your assessment. Pages with a **vertical coloured band** on the left are for your reference, to help you prepare and decide if you're ready for assessment.

STREAM!:

Diploma in Psychic Mediumship (Teacher)

Demonstrate a Public Platform mediumship reading for two clients.

- At least four clients will be supplied for you
- The maximum time allowed is 20 minutes
- While mediumship is strongly encouraged at this level, we acknowledge that spiritual
 connection can take many forms. Some practitioners may not feel called to develop
 mediumship further, and in these cases, a psychic reading is only acceptable for
 assessment purposes for Advanced Certificate practitioners. Purely psychic readings
 are not acceptable at Diploma Level assessment in the Psychic Mediumship stream.

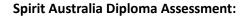
STREAM 2:

Diploma in Trance & Spirit Arts (Teacher)

Demonstrate your communication with spirit via **Trance**, or via your personal understanding and demonstration of **Spirit Arts**.

- For Trance demonstrations, you are required to discuss your demonstration, and any
 requirements you may have, with the Assessment Team at least two weeks prior to
 your assessment.
- The maximum time normally allowed is 20 minutes, plus 10 minutes preparation time.
- For **Spirit Arts** demonstrations, you are required to discuss the nature of your spirit connection and communication, and any requirements you may have, with the Assessment Team *at least two weeks prior* to your assessment.

LEVEL 5 ASSESSMENT CRITERIA: DEMONSTRATION (Trance & Spirit Arts)



Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

1. Preparation and Grounding (15%)

- **Grounding Beforehand**: Demonstrates a strong grounding practice before entering trance.
- Setting Intentions: Clearly invites a spirit communicator or guides to work in harmony.
- Protection and Energy Awareness: Establishes safe energetic boundaries before starting.

2. Entering and Holding the Trance State (25%)

- Entry Process: Candidate enters a changed state of consciousness appropriately (light, medium, or deep trance all acceptable at Diploma level).
- **Blending with Spirit**: Strong blending and overshadowing observed even if full unconscious trance is not achieved.
- **Surrendering Control**: Candidate demonstrates ability to "step back" and allow spirit influence without fear or over-control.

3. Spirit Communication Quality (25%)

- **Clarity of Spirit Presence**: Spirit's essence comes through clearly (emotion, intention, personality shift).
- **Verbal or Non-Verbal Communication**: Candidate allows spirit to communicate through speech, gesture, or felt presence.
- Coherence: Messages or expressions from spirit are meaningful, not random or confused.

4. Managing the Session (15%)

- **Opening the Space**: Respectful opening of the session, including setting intention for spirit communication.
- Holding the Energy: Maintains a sacred, calm atmosphere throughout.
- Proper Closure: Thanks spirit, re-grounds, and closes the session safely and clearly.

5. Spiritual and Ethical Awareness (20%)

- **Respect for Spirit**: Spirit's will, not the candidate's ego, leads the experience.
- Respect for Sitters: Treats the audience with care, patience, and emotional sensitivity.
- Integrity: No wild claims; no making false promises; spirit communication remains uplifting, healing, or insightful.

LEVEL 5 ASSESSMENT: DEMONSTRATION (Trance & Spirit Arts) page 1 of 2

Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

ASSESSMENT Page 1/2 for Candidate Name

ASSESSIVILIVI	rage 1/2	or Cariaia	ate ivallie	
Category	Criteria	Weight	(~)	Comme
Preparation & Grounding	Grounding Intentions Protection	15%		
Entering & Holding Trance	Entry process Blending Surrender	25%		
Spirit Communication	Clarity Coherence Authenticity	25%		
Managing the Session	Structure Energy management & Closure	15%		
Spiritual & Ethical Awareness	Respect Ethics Healing focus	20%		

Key Points for Spirit Australia Trance Assessment

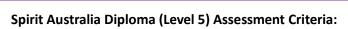
- Light, medium or deep trance are all acceptable. Candidates are assessed for quality, safety, blending, and other aspects, not depth alone.
- Overshadowing or light voice control is enough if spirit essence is clear.
- Spirit, not ego, leads the experience. Characteristics such as humility, trust, and grace are all signs of authentic development.

LEVEL 5 ASSESSMENT: DEMONSTRATION (Trance & Spirit Arts) page 2 of 2



Trance & the Spirit Arts Demonstration (LEVEL 4 & 5)

ASSESSMENT Page 2/2	for Candidate Name
Overall Impression	Assessors Comments
Strengths Observed	
Areas for Improvement	
Examiner's Overall Comments	
Final Recommendation (Select Or Competent Not Yet Competent	ne):
ASSESSOR 1	Signature & Date
ASSESSOR 2Name	Signature & Date



Platform Mediumship Demonstration

1. Presentation and Professionalism (15%)

- Appearance: Presents in a respectful, tidy, and professional manner.
- **Confidence and Stage Presence**: Engages the audience warmly; displays appropriate energy and poise.
- **Ethical Standards**: Clearly demonstrates ethical mediumship practices (e.g., honesty about unclear information, respectful of audience emotions).

2. Evidence of Spirit Connection (20%)

- Accuracy of Information: Provides strong, verifiable evidence from the spirit communicator (e.g., relationship, personality traits, memories, cause of passing, hobbies, shared experiences).
- Specificity: Clear and detailed information beyond general statements or guesswork.
- **Flow of Information**: Spirit communication feels coherent and natural, not disjointed or overly forced.
- **Validation**: Actively seeks, receives, and appropriately responds to feedback from the audience recipient confirming the information given.

3. Quality of Communication with Spirit (20%)

- **Blending with Spirit**: Demonstrates strong blending, maintaining the spirit communicator's essence and mannerisms throughout.
- **Delivery**: Accurately conveys the emotions, impressions, and messages from spirit without over-embellishing or interpreting excessively.
- **Clarity**: Information is delivered in a way that is understandable, respectful, and meaningful to the recipient.

4. Structure and Flow of Demonstration (10%)

- **Introduction**: Gives a clear, confident opening statement that sets expectations (e.g., explaining spirit contact, audience etiquette).
- Progression: Smooth transition between spirit contacts without confusion or rushing.
- **Closure**: Properly concludes individual contacts and offers respectful closure before moving on to the next recipient or ending the demonstration.

LEVEL 5 ASSESSMENT CRITERIA: DEMONSTRATION (Platform Mediumship) page 2 of 2

5. Audience Engagement and Handling (15%)

- **Sensitivity**: Responds compassionately to emotional reactions, maintaining a safe space for the audience.
- **Interaction**: Communicates clearly with audience members (e.g., confirming connections, asking for "yes" or "no" validations appropriately).
- Adaptability: Handles unexpected situations (e.g., no clear recipient, disruptive audience members) with calm professionalism.

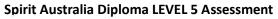
6. Spiritual and Energetic Awareness (10%)

- Grounding: Displays a strong personal energetic foundation throughout (no "floating," ungrounded, or hyper states).
- **Spirit-Centeredness**: Keeps the demonstration focused on spirit, not ego or showmanship.
- **End of Demonstration**: Clearly closes the energy field with thanks to spirit and audience, ensuring energetic boundaries are re-established.

7. Overall Impression of Demonstration (10%)

- Time Management: Efficient use of time without rushing or dragging.
- **Consistency**: Maintains a consistent quality of spirit connection across the demonstration, not just a few strong moments from time to time.
- **Spiritual Ethics**: No inappropriate claims (e.g., medical diagnoses, telling people how or when they will die, giving financial or legal advice etc).
- **Self-Responsibility**: Takes responsibility for unclear or incorrect information without blaming spirit or the audience.

LEVEL 5 ASSESSMENT: DEMONSTRATION (Platform Mediumship) page 1 of 2



Platform Mediumship Readings

p1/2 NAME_

Category	Criteria		(~)	Commen
Drocontation	Professional appearance and manner	5%		
Presentation 15%	Warm audience engagement	5%		
	Ethical standards maintained	5%		
Evidence of Spirit	Clear identification of spirit relationship & details	10%		
Connection 20%	Specific and verifiable information	10%		
	Sought/acknowledged audience validation	5%		
Spirit Communication Quality 20%	Emotional & factual delivery, with minimal interpretation	10%		
	Clear and respectful language	5%		
Charachana	Clear introduction and setting expectations	3%		
Structure & Flow 10%	Smooth transitions between contacts	3%		
10%	Respectful closure after each contact	4%		
	Compassionate and sensitive responses	5%		
Audience Handling	Clear interaction (yes/no check etc)	5%		
15%	Calm handling of unexpected issues	5%		
Spiritual	Maintains grounding throughout	3%		•
Energetic Awareness	Spirit-focused, not ego-driven	4%		
10%	Proper energetic closure at end	3%		

LEVEL 5 ASSESSMENT: DEMONSTRATION (Platform Mediumship) page 2 of 2

Category	Criteria		(~)	Comments
Overall Impression 10%	Consistent quality across entire demonstration	3%		
	Time managed appropriately	3%		
	Took responsibility for unclear evidence	4%		
OVERALL IMPRESS	ION			
Key Areas Assess			Assessr	ment Notes
Strengths Observed				
Areas for Improvement				
Examiner's Overa Comments	all			
CANDIDATE NAME				
Final Recommenda	ation (Select One):			
☐ Competent				
☐ Not Yet Cor	npetent			
ASSESSOR 1				
Name				Signature & Date
ASSESSOR 2				
Name				Signature & Date

Presentation and Professionalism (15%) ☐ Professional appearance and manner ☐ Clear, warm audience engagement • \square Ethical standards observed (honesty, respect) Evidence of Spirit Connection (20%) ☐ Clear identification of spirit (relationship, personality, details) • Specific and verifiable information • \square Smooth, coherent flow of evidence • Seeks and acknowledges audience validation Quality of Communication with Spirit (20%) • Strong blending with spirit's essence • \square Emotional and factual delivery from spirit • ☐ Clear and respectful language Structure and Flow (10%) • Good introduction and setting of expectations ☐ Smooth transitions between contacts • Clear closure of each contact and final closing Audience Handling (15%) ☐ Sensitive and compassionate responses • ☐ Clear interaction (checking "yes/no") • \square Calm handling of unexpected situations Spiritual and Energetic Awareness (10%) ☐ Maintains grounding throughout • ☐ Spirit-focused, not ego-driven **Overall Impression (10%)** ☐ Consistent quality across the demonstration



Spirit Australia
Diploma LEVEL 5
Assessment

Platform Demonstration

Assessment Summary Checklist

• \square Managed time well (neither rushed nor dragged)

• \square Took responsibility for unclear information appropriately



Spirit Australia Diploma Candidate Reminder:

Platform Reading Assessment (Level 5 - DSA)

Before You Begin:

- Greet your audience warmly and explain briefly how the session will work
- Set a respectful, confidential, and relaxed tone
- Ensure your grounding & preparation routine is comfortably in place

During the Demonstration:

- Connect clearly with spirit: Offer specific evidence, not just general statements
- Check with your sitter: Ask for "yes/no/unsure" to validate the information as you go
- Allow the spirit communicators: Let their presence, intention and personality shine through
- ☑ If psychic impressions arise: Clearly state when you're working psychically, not mediumistically
- Manage the flow: Open the session, deliver the connection, and close properly

Remember:

- Keep within the 10 minutes per client / 20 minute time frame
- Stay calm, grounded, and connected to spirit
- Always respect the spirit communicator and the sitter's feelings.

Most important of all: Trust yourself. Trust spirit. You're ready.



The two streams of Spirit Australia Diploma (Psychic Mediumship) **and** (Trance & Spirit Arts) both undertake a Viva Voce assessment.

- The Viva Voce will take place with two assessors present
- The duration of the Viva Voce assessment is 25 minutes
- You are welcome to bring your Personal Practice Journal, and your Complementary Courses Logbook, if you feel they will assist you in your Viva Voce
- The Viva Voce is usually scheduled to take place straight after your Demonstration

At Level 5 Diploma, you're recognised as an experienced practitioner. This Viva Voce shifts focus to *how you share* your experience.

It explores your potential as a guide, mentor, or educator for others on the path.

In addition to the Level 4 questions or prompts listed in the Level 4 Advanced Certificate (Practitioner) Viva Voce assessment (*please refer to page 58 & 59 of the Student Handbook*), your Viva Voce assessors at Level 5 may also ask some teaching focussed questions:

- How do you model spiritual integrity in your community?
- How would you best guide a group of students of mixed abilities?
- How might you actively support beginners, or foster safe learning environments as a teacher of students who may feel vulnerable to a perceived power imbalance?

Even if you are not yet teaching, questions are likely to include elements of leadership, what a positive or inspiring teaching style looks like to you, and how you adapt your own spiritual understandings or practices work to different people at different levels of awareness.

And once more, just to make it clear... Relax! Smile. This is about you.

You've just demonstrated your skills. Now share with us a little of your passion and purpose.

This world needs you.

We are listening, and we are here to support you.

7

Spirit Australia VIVA VOCE Sample Questions Bank (DSA Teacher)

LEVEL 5 — **Diploma** Viva Voce Sample Questions

25 MINUTES

Advanced Personal Development

- How do you manage self-doubt or "off days" in your spiritual practice?
- How do you maintain energetic hygiene (spiritual self-care)?

Working with Spirit / Spirit Arts

- Describe your personal process when preparing to give a spirit message or allow spirit control in trance.
- How has your connection to spirit evolved over the last few years?
- If no spirit communicator steps forward clearly, what strategies do you use?

Ethics, Leadership, and Responsibility

- How do you ensure your clients feel empowered, not dependent on you?
- In a group setting, how would you maintain safety and respect among participants?
- If you realised after a session that something you said might have been misinterpreted, what would you do?

Readiness to Teach / Mentor Others

- What is the most important first principle you would teach a beginner psychic or medium?
- How would you handle a student who claims they are never wrong because "spirit said it"?
- What do you think are the biggest ethical risks when teaching or mentoring spiritual development?

Philosophical and Spiritual Insight

- In your own words, what does "serving spirit" mean to you today?
- How do you see your role in contributing to Spirit Australia's community and mission?

Comparison Summary of Candidates Overall Characteristics

Level 4 Demonstrates

✓ Level 5 = Demonstrates

- Strong personal connection
- Safe & ethical practices
- Beginner professional standards
- * Deep understanding
- * Readiness to mentor or guide others
- * Mature spiritual leadership

Spirit Australia VIVA VOCE Interview Sheet (Level 5 DSA)

Candidate Name:		Date:		
Assessor 1 Name		Assessor 2 Name		
Level:	☐ Level 5 – Diploma	(25 M	inutes)	
Stream:	☐ Psychic Mediumship☐ Trance & Spirit Arts			
Questions Asked		Key Points or Notes on Response		
1				
2				
3				
4				
5				
6				

LEVEL 4 ASSESSMENT: VIVA VOCE (Both Streams) page 2 of 2

VIVA VOCE ASSESSMENT

Category	Criteria	(~)	Comments	
Knowledge &	Clear knowledge of			
Understanding	spiritual practice			
og	and philosophy			
Personal Practice &	Shows reflective			
Self-Development	and responsible			
Sen Bevelopment	personal practice			
Professional &	Shows clear ethics,		-	
Ethical Awareness	boundaries, and			
Luncal Awareness	client care awareness			
Readiness to	Ability to guide			
Mentor/Teach	& differentiate for			
(Level 5)	each student			
Spiritual	Displays humility,		-	
Maturity	discernment &			
watarity	emotional intelligence			
Overall Strengths Ob	served:			
Areas for Improvement	ent:			
CANDIDATE NAME _				
Final Recommendation	on (Select One):			
\square Competent				
☐ Not Yet Competent				
ASSESSOR 1 Name & Signature				
ASSESSOR 2 Name & Signature				

Key Points for Spirit Australia Trance Assessment

- Encourage candidates to feel relaxed. Pauses for reflection are okay.
- Focus on depth, discernment, warm professionalism and ethical awareness.
 - Celebrate and respect each candidate's unique way of serving spirit.

Suggested Reading List



for CSA, ASA & DSA Candidates

(Certificate, Advanced Certificate & Diploma)

APRIL 2025

Foundational Texts in Spiritualism, Spiritism & Meditation

1. The Relaxation Response – Herbert Benson M.D. (1975)

A scientific explanation of how meditation and relaxation reduce stress and support healing.

2. Modern American Spiritualism – Emma Hardinge Britten (1870)

Details the early history and beliefs of American Spiritualism.

3. Meditation – Grace Cooke (1957)

Practical insights into the practice of meditation from the founder of White Eagle Lodge.

4. The History of Spiritualism – Arthur Conan Doyle (1926)

Chronicles the rise of Spiritualism and its key figures.

5. The New Revelation - Arthur Conan Doyle (1918)

Doyle's personal account of discovering and defending Spiritualism.

6. The Silent Path - Michael J. Eastcott (1980)

A meditative guide exploring inner stillness, soul alignment, and the journey within.

7. Mysterious Psychic Forces – Camille Flammarion (1907)

Studies unexplained psychic phenomena from a scientific angle.

8. Experimental Investigation of the Spirit Manifestations – Robert Hare (1855)

Scientific attempt to validate spiritual phenomena.

9. The Book on Mediums – Allan Kardec (1861)

A practical guide to developing and understanding mediumistic abilities.

10. The Gospel According to Spiritism – Allan Kardec (1864)

Interprets the teachings of Jesus through a Spiritist lens.

11. Heaven and Hell - Allan Kardec (1865)

Discusses moral consequences of the afterlife based on Spiritist insights.

12. The Mediums' Book - Allan Kardec (1861)

Explores mediumship, spirit communication, and techniques for spiritual contact.

13. The Spirits' Book - Allan Kardec (1857)

Introduces the foundational philosophy of Spiritism through spirit communications.

14. The Missing Link in Modern Spiritualism – A. Leah Underhill (1885)

Firsthand perspective from one of the founding Fox Sisters.

Biographies & Autobiographies of Notable Mediums

15. Teachings of Silver Birch – Edited by A.W. Austen (1980)

The trance mediumship of Maurice Barbanell, with the spirit guide Silver Birch.

16. This Is Spiritualism – Maurice Barbanell (1959)

A compelling account of Barbanell's experiences and evidence for life after death.

17. A Guide to the Development of Mediumship – Harry Edwards (1969)

A practical handbook by one of the most respected UK spiritual healers.

18. In Pursuit of Physical Mediumship - Robin P. Foy (1996)

Chronicles experiences with physical mediumship, including the Scole Experiment.

19. Helen Duncan: The Mystery Show Trial – Robert Hartley (2007)

Investigates the famous medium's life and her trial under the Witchcraft Act.

20. Touching the Next Horizon - Katie Halliwell (2004)

Explores spirit communication through physical phenomena.

21. Experiences of Trance, Physical Mediumship (Part 2) - Katie Halliwell (2006)

Continued personal accounts of séance phenomena.

22. The Psychic Life of Jesus – Rev. G. Maurice Elliott (1938)

Speculative look at Jesus' life through psychic interpretations.

23. The Way of Life – Arthur Findlay (1938)

A philosophical exploration of the afterlife and the spirit world.

24. On the Side of Angels – Gordon Higginson (1993)

Biography of a respected Spiritualist medium and leader.

25. My Life in Two Worlds - Gladys Osborne Leonard (1931)

Memoir of a renowned British trance medium.

26. Diary of a Trance Medium - Angie Morris (2009)

A modern medium's reflections and lessons from trance practice.

27. Leaves from My Life – J.J. Morse (1877)

Autobiography of a noted trance medium and lecturer.

28. Mediumship Made Simple – Ivy Northage (1974)

Clear, practical guidance & integrity from one of the 20th century's leading tutors.

29. The Spirit World – Rev. G. Vale Owen (1922)

Spirit-channeled messages describing life in the afterlife.

30. Living in Two Worlds: Autobiography of Ursula Roberts – Ursula Roberts (1987)

A respected British medium, sharing her path between the physical and spiritual worlds.

31. Arthur Ford: The Man Who Talked with the Dead - Allen Spraggett (1973)

Explores the controversial career of trance medium Arthur Ford.

Contemporary Works on Mediumship & Psychic Phenomena

32. The Afterlife Frequency – Mark Anthony (2021)

Blends science and spirituality to explore the vibrational nature of consciousness.

33. **Proof of Heaven: A Neurosurgeon's Journey into the Afterlife** – *Eben Alexander M.D. (2012)* A near-death experience challenging scientific worldview and opening spiritual phenomena.

34. Between Life and Death - Dolores Cannon (1993)

Explores life between incarnations through hypnosis.

35. The Subtle Body - Cyndi Dale (2009)

Comprehensive guide to the human energy field and healing systems.

36. Unfinished Business - James Van Praagh (2009)

Messages from the dead to help the living find peace.

37. Eternal Wisdom – Divaldo Franco (2006)

Channeled spiritual teachings on growth and transformation.

38. Extraordinary Psychic – Debra Lynne Katz (2008)

Practical guide for developing clairvoyance and intuitive skills.

39. **Surviving Death: A Journalist Investigates Evidence for an Afterlife** – *Leslie Kean (2017)* An investigation into mediumship, past-life memories, and near-death experiences.

40. Journey of a Trance Medium – Paul McGlone (2010)

Shares insights from deep trance mediumship practice.

41. Mediumship and Spirit Communication – Rose Vanden Eynden (2006)

Covers ethics, methods, and tools of mediumship.

42. Opening to Channel – Sanaya Roman & Duane Packer (1987)

Teaches how to safely channel spiritual guides.

43. The Psychic Pathway – Sonia Choquette (1995)

A step-by-step journey to awakening psychic abilities.

44. The Power of Now – Eckhart Tolle (1997)

Encourages present-moment awareness for spiritual awakening.

45. The Afterlife Experiments – Gary E. Schwartz (2002)

Presents scientific research on mediumship and survival after death.

46. Let the Dead Speak – Andrew Singleton & Matt Tomlinson (2021)

A sociological study of Spiritualist practices, mediumship and community in Australia.

47. The Victorian Spiritualists' Union and the Surprising Survival of Spiritualism in Australia – Prof Andrew Singleton (2023)

https://www.tandfonline.com/doi/full/10.1080/14443058.2023.2211998

Historical and Theoretical Perspectives

48. The Esoteric Character of the Gospels – Annie Besant (1902)

Reveals mystical interpretations of Christian teachings.

49. The Principles of Occult Healing - Mary Weeks Burnett (1916)

Lays out principles of energy-based healing from a spiritual lens.

50. The Science of the Soul – R. Swinburne Clymer (1911)

Discusses spiritual anatomy and soul evolution.

51. The New Revelation – Arthur Conan Doyle (1918)

Doyle's personal account of discovering and defending Spiritualism.

52. Voices from Beyond - Dr Al Gabay (1992)

Historical and contemporary accounts of spirit communication with scholarly insight.

53. The Spiritualists – Trevor H. Hall (1962)

A critical historical view of Spiritualism and its figures.

54. The Law of Psychic Phenomena – Thomson Jay Hudson (1892)

Early theory exploring the subconscious and psychic forces.

55. Invisible Hosts – Elizabeth Burns (2007)

Examines autobiographies of 19th-century women mediums.

56. The Psychic Mafia - M. Lamar Keene (1976)

A former medium exposes fraud within the Spiritualist world.

57. Psychic Exploration – Edgar D. Mitchell (1974)

NASA astronaut compiles research on consciousness and psi phenomena.

58. The Medium on the Stage – Simone Natale (2011)

Looks at public performance in 19th-century mediumship.

59. The Occult World – Alfred Percy Sinnett (1881)

Introduces Theosophical ideas through encounters with spiritual masters.

60. What Spiritualism Is, and What It Is Not - Isaac Lockhart Peebles (1903)

Clarifies the beliefs and misconceptions of Spiritualism.

61. The Unseen World - John B. Roberts (1903)

Accounts of communication with spirits beyond the veil.

62. Spiritism: A Greater Understanding - Ian Waugh (2005)

Introduction to the philosophy and practices of modern Spiritism.

63. Spiritism and the Cult of the Dead in Antiquity – Lewis Bayles Paton (1921)

Explores ancient roots of spirit contact and ancestor worship.

64. The Path of the Soul After Death – Peter Tradowsky (2001)

Explores post-death experiences through an anthroposophical lens.

Code of Ethics, Integrity & Responsibilities



Introduction to the Code of Ethics & Conduct

At Spirit Australia, we believe that education is not only about knowledge—it is also about integrity, community, and care.

As a national charity with a mission to advance spiritual education, we are committed to creating safe, inclusive, and ethically grounded spaces for all who seek to explore and deepen their spiritual awareness.

The **Spirit Australia Code of Ethics & Conduct** exists to uphold the highest standards of behaviour across all aspects of our work—whether in teaching, learning, healing, mentoring, or community participation.

This Code is more than a policy document; it is a reflection of our shared values and a practical guide for how we engage with one another and with the wider world.

The spiritual education sector in Australia has long been shaped by individual practitioners and independent pathways. While this has allowed for wonderful personal insight and innovation, it has also resulted in inconsistent standards, limited collaboration, and an absence of unified expectations around ethical behaviour.

Spirit Australia is working to change that.

Through this Code, we offer a common foundation for professionalism, accountability, and respectful relationships.

It applies to everyone within our organisation—students, educators, assessors, practitioners, volunteers, and community members alike. It is especially important for those offering services to the public, where ethical integrity is central to trust and credibility.

The Code is organised into three sections:

- PART A Core Principles that guide our intentions and values
- PART B Practical Guidelines for ethical, respectful, and professional conduct
- PART C Implementation Strategies to ensure ongoing accountability, transparency and continuous improvement

We encourage all members of Spirit Australia to read and reflect on this Code, and to uphold it in spirit as well as in practice.

Together, we can foster a learning environment that is ethical, inclusive, and worthy of the sacred work we are all called to do.

Code of Ethics & Conduct



Purpose

Spirit Australia is committed to the advancement of educational programs for the benefit and wellbeing of everyone seeking spiritual information and experiences.

To support and achieve this advancement, Spirit Australia is committed to maintaining the highest ethical standards by promoting a culture of integrity, respect, and professional behaviour among its practitioners, community members, students, and the public.

This Code of Ethics & Conduct outlines the key ethical principles and standards that guide our actions and interactions within our organisation and with the community.

By adhering to this Code of Ethics & Conduct, Spirit Australia aims to foster a supportive and respectful environment where spiritual growth, community engagement, and ethical practices thrive for the benefit of all.

There are three parts to the Code of Ethics & Conduct:

- A) Core Principles
- **B)** Guidelines
- C) Implementation

PART A: Core Principles

1.1 Integrity

We act honestly, ethically, and transparently in all our dealings, respecting the trust placed in us by individuals and the community.

1.2 Respect

We honour the diversity of beliefs, cultures, and perspectives within our organisation and community, treating everyone with dignity and respect.

1.3 Professionalism

We uphold professional standards in our conduct, interactions, and the delivery of our services, always maintaining competence and accountability.

1.4 Confidentiality

We safeguard the confidentiality and privacy of individuals, respecting their right to confidentiality regarding personal information shared in the course of our work.

1.5 Inclusivity

We are inclusive of all forms of human expression and welcome diverse psychic abilities, gender identity, sexual orientation, race, ethnicity, nationality, age, disability, or any other characteristic.

PART B: Guidelines

When engaging with each other and with the general public, Spirit Australia members:

2.1 Ethical Practice

- 2.1.1 Comply with all applicable Australian laws & regulations, and
- 2.1.2 Comply with the ethical standards & guidelines applicable to their area or areas of professional practice, and
- 2.1.3 Comply with this Spirit Australia Code of Ethics & Conduct

2.2 Professional Conduct

- 2.2.1 Treat everyone with respect and courtesy, avoiding harassment of any kind, with due sensitivity to the needs of people with diverse backgrounds and culture.
- 2.2.2 Act with due care and diligence in promoting harmony in all their dealings with other members and the public.
- 2.2.3 Maintain appropriate professional boundaries and avoid conflicts of interest with clients, participants, students, fellow volunteers and other members.
- 2.2.4 Maintain appropriate professional relationships with their clients at all times, actively avoiding or identifying any opportunities to take an unfair advantage of the practitioner & client relationship, either monetary or within the relationship.
- 2.2.5 Maintain adequate security and confidentiality regarding all information gathered during their professional activities
- 2.2.6 Where appropriate, initially attempt to settle any complaints, disagreements or grievances with those concerned

2.3 Communication

- 2.3.1 Communicate openly, honestly, and respectfully with colleagues, volunteers, students, and the public.
- 2.3.2 Use inclusive language and behaviours and avoid language or behaviour that may cause offense or harm.

2.4 Safety and Wellbeing

- 2.4.1 Prioritise the safety, physical, and emotional well-being of all individuals involved, always, and without prejudice or judgement.
- 2.4.2 Recognise and acknowledge a responsibility to ensure the mental health wellbeing of all concerned in any Spirit Australia education or personal development program.
- 2.4.3 Report any concerns or incidents promptly and follow established protocols for addressing grievances or conflicts.

2.5 Continuous Improvement

- 2.5.1 Engage in ongoing learning and development to enhance skills, knowledge, and understanding of spiritual practices, community dynamics, and ethical considerations.
- 2.5.2 Seek and welcome feedback from all stakeholders regarding all aspects of this Code, including complaints and concerns, to improve services and organisational practices.
- 2.5.3 Resolve promptly any conflict or complaint arising from a breach of this Code in a fair and just manner as deemed appropriate.
- 2.5.4 Any breach of this Code identified as serious by Spirit Australia board members may be referred to an expert panel nominated by the board for resolution with recommendations.
- 2.5.5 Regular reviews of all aspects of this Code in consultation with all stakeholders and with particular reference to any feedback, or conflict issues raised through complaints, for the continuous improvement of Spirit Australia.

PART C: Implementation

3.1 Orientation

All volunteers including supporter, practitioner, and community members will agree to uphold this Code of Ethics & Conduct upon joining Spirit Australia, as a condition of membership.

3.2 Accountability

Spirit Australia board and affiliates are responsible for upholding and enforcing this Code, ensuring that all members adhere to its principles and standards.

3.3 Review and Revision

This Code will be reviewed periodically to ensure its relevance and effectiveness in guiding ethical behaviour and maintaining high standards of conduct within Spirit Australia.

FOUNDATION COURSE



SPIRIT AUSTRALIA

Education: Level Two

2.1 Psychic Senses	p 91	7 Modules
2.2 Mediumship	p 119	7 Modules
2.3 Healing	p 137	7 Modules
2.4 Spiritualism	p 163	6 Modules
2.5 World Traditions	p 185	8 Modules
2.6 Awakening	p 215	7 Modules

Foundation Course: The Six Units & Modules List

UNIT ONE: PSYCHIC SENSES

- 2.1.1. What Are Psychic Senses? : Understanding Your Inner Perception
- 2.1.2. A Natural Gift We All Share: Dis-covering the Psychic Within
- 2.1.3. Strengthening Connection: Practices to Deepen Your Awareness
- 2.1.4. **The Flow of Inspiration :** *Sensing the Subtle Signs of Spirit*
- 2.1.5. **Expanding the Clairs :** Clairvoyance, Clairsentience & More
- 2.1.6. **Psychic in Daily Life:** Living with Insight, Intuition & Ease
- 2.1.7 **Meditation**: Finding the Compass of Inner Wisdom

UNIT TWO: MEDIUMSHIP

- 2.2.1. Mediumship as Healing: Connecting Across Two Worlds
- 2.2.2. Mental & Physical Mediumship: Many Paths with One Purpose
- 2.2.3. Active & Passive States: Understanding the Inner Architecture
- 2.2.4. **Evidential Mediumship**: Honouring Spirit with Clarity & Trust
- 2.2.5. A Question of Ethics: Avoiding the Common Pitfalls
- 2.2.6. **Private One-to-One Readings :** *Creating Safe, Supportive Spaces*
- 2.2.7. **Public Platform Readings :** Confidence. Clarity. Connection.

UNIT THREE: HEALING

- 2.3.1. **Spiritual & Self Development :** The Human Expression of Spirit
- 2.3.2. **Holons of Connection :** *Understanding the Web of Life*
- 2.3.3. Levels of Awareness: Expanding Your Consciousness
- 2.3.4. The Purpose of Life: To Experience, Learn & Grow
- 2.3.5. The Healer's Role: Plugging into Source
- 2.3.6. Paths to Healing: Modalities, Methods & Meaning
- 2.3.7. From Personal to Planetary: Love is Connection in Action

UNIT FOUR: SPIRITUALISM

- 2.4.1. Introduction to Spiritualism: Consciousness Continual & Connected
- 2.4.2. **Origins & Development :** The History & Heart of a Movement
- 2.4.3. **European Traditions :** From Seances to Scientific Curiosity
- 2.4.5. **Spiritualism in Australia :** *Honouring the Past, Embracing the Future*
- 2.4.5. Spiritism in Latin America: Healing, Doctrine & Cultural Power
- 2.4.6. **The Modern World & Beyond**: Evolving Across the Infinite Horizons

UNIT FIVE: WORLD TRADITIONS

- 2.5.1. **The Universal Call**: Spiritual Living Without Boundaries
- 2.5.2. **Shamanism in Australia**: Ancient Connections to Culture & Country
- 2.5.3. African Tribal Traditions: Awakened Ancestors in Mystical Motion
- 2.5.4. **Mysticism in India**: The Divine Nature of Holistic Energy
- 2.5.5. **North & South America**: *Many Paths Seen & Unseen*
- 2.5.6. All Nature is Sacred: Elemental Forces and Spirit Allies
- 2.5.7. **The Modern Marketplace** : *Commercialisation in Mediumship*
- 2.5.8. **Bringing It All Together**: Global Spirit Consciousness

UNIT SIX: AWAKENING

- 2.6.1. Welcome to Spirit Australia: Hello, Hi, Hey & G'day!
- 2.6.2. What is Awakening?: Understanding Spiritual Shifts
- 2.6.3. Stages of the Journey: From Spark to Realisation
- 2.6.4. The Role of Discernment: Trusting Your Inner Compass
- 2.6.5. **Science & Spirituality**: Where Logic Meets Mystery
- 2.6.6. **Beyond Religion :** The Rise of Personal Spirituality
- 2.6.7. Living with Integrity: Truth, Tolerance & Inner Alignment

